


"Strength does not come from physical capacity. It comes from an indomitable will."
-Mahatma Gandhi



Ms. NAFEEZA ASEEF

CONTACT

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PERMANENT ADDRESS

**Aseef Manzil
Chandiroor P O
Aroor Alappuzha
Kerala, India, 688535**

SKILLS

- ✓ Communication skills
- ✓ Interpersonal skills
- ✓ Leadership skills
- ✓ Active Listening
- ✓ Problem solving skills

STRENGTH

- Patience
- Positive attitude
- Eager to learn new things
- Hard working

CAREER OBJECTIVE

Seeking a position as a nurse in a reputed hospital where I could serve to the patient and help the organization in building a good image

PERSONAL DETAILS

Date of birth : 18/07/2000
Gender : Female
Father's Name : Aseef A K
Languages known : Malayalam English and Hindi
Marital status : Single
Nationality : Indian
Religion : Muslim

ACADEMIC CREDENTIAL

- ♥ **2018-2023**
Bachelor's in Nursing
Sree Sudheendra College of Nursing, Ambalamedu, Ernakulam
Affiliated to Kerala University of Health Science, Thrissur
- ♥ **2016-2018**
12th Standard (80 %)
Govt HSS Chandiroor Alappuzha
- ♥ **2016**
SSLC (72 %)
Vaduthala Jamath HSS Nadvath Nagar Alappuzha

HOBBIES


- Listening to music
- Craft Work
- Cooking

PROFESSIONAL EXPERIENCE

Equipment's used Clinical posting along with 4 years of study

- ♠ Vital signs monitors
- ♠ Cardiac monitors
- ♠ Infusion pumps
- ♠ Pulse OXY meter
- ♠ Suction apparatus
- ♠ Nebulizer
- ♠ Ophthalmoscope
- ♠ Incentive spirometer
- ♠ BIPAP machine
- ♠ Glucometer
- ♠ ECG machine
- ♠ Laryngoscope
- ♠ Ambu ventilation
- ♠ Central supply of Oxygen
- ♠ Phototherapy

REFERENCE

- ♠ **Prof.Dr.Sindhu Devi M**
Principal
Sree Sudheendra College
of Nursing Ambalamedu
 **9447700943**

PROFESSIONAL REGISTRATION

- ♥ **Kerala Nurses and Midwives Council**

DUTIES

- ♥ Meeting a patient's Nursing care needs
- ♥ Participating in nursing team meetings
- ♥ Access the Physical and Mental Status of Patients
- ♥ Admission and Management of Patients
- ♥ Preparation of patients, meeting Nutritional needs, ryles tube Feeding
- ♥ Bed bath, Oral care, Hair care, Enema and Catheterization
- ♥ Monitoring BP and Temperature
- ♥ Maintaining isolation Techniques
- ♥ Providing emotional support to patients and relatives

KEY SKILLS AND COMPETENCIES

- ♥ Exposure to lot of different areas and environments with in nursing
- ♥ Good written and verbal communication skills
- ♥ Using resources efficiently
- ♥ Physically able to perform full range of nursing duties
- ♥ Ability to follow instructions and give feedback
- ♥ Able to cope with repeated exposure to distressing circumstances

TRAINING AND PROFESSIONAL EXPOSURE:

Underwent training at Sree Sudheendra Medical Mission Kacheripady, General Hospital Ernakulam, Rajagiri Hospital Chunangamvely, Kusumagiri Mental Health Center

Worked in units like medical surgical ward, critical care unit, operation theatre, post-operative unit, labour room and obstetric and gynaecology ward as a part of clinical postings during the course

DECLARATION

I Hereby declare that all the information furnished above is true and complete to the best of my knowledge

Place : Alappuzha

Date:

NAFEEZA ASEEF