

PROFILE

ANESTHESIOLOGIST

DNB ANESTHESIOLOGY (KIMS HEALTH, TRIVANDRUM)

MBBS (GOVERNMENT MEDICAL COLLEGE, TIRUNELVELI)

CONTACT

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**LOCATION** 

ALAPPUZHA , KERALA , INDIA 688007

# DR. SUNAINA K

## **AREAS OF EXPERTISE**

- Anesthesia for General surgery, Laparoscopic surgery, Orthopedics, Geriatric, Obstetrics and Gynecology, ENT, Ophthalmology, Neurosurgery, Gastrosurgery, Plastic surgery, Urology, Pediatric surgery, Oncosurgery, OMFS.
- ✤ Regional anesthesia
- Labour anesthesia
- Non-operating room anesthesia
- USG-guided Nerve blocks
- ✤ Anesthesia for Trauma and Emergency surgery
- Post-operative care and pain management
- Critical care

## **PROFESSIONAL EXPERIENCE**

- ✤ COMPLETED 3 YEARS DNB TRAINING IN ANESTHESIOLOGY (JUNE 2020 – JUNE 2023) KIMS HEALTH, TRIVANDRUM, KERALA.
- CASUALITY MEDICAL OFFICER WOMEN AND CHILDREN HOSPITAL, ALAPPUZHA, KERALA. (APRIL 2018 – DECEMBER 2018)
- COMPULSORY ROTATORY RESIDENT INTERNSHIP TIRUNELVELI MEDICAL COLLEGE (MAY 2015 – MAY 2016)

### **EDUCATION AND LICENCES**

- 2010 2015: MBBS FROM TIRUNELVELI GOVERNMENT MEDICAL COLLEGE, TAMILNADU (THE TAMILNADU DR. MGR MEDICAL UNIVERSITY)
- 2015 2016: ONE YEAR COMPULSORY ROTATORY RESIDENT INTERNSHIP (TIRUNELVELI GOVT MEDICAL COLLEGE, TAMILNADU.)
- TRAVANCORE COCHIN MEDICAL COUNCIL LICENCE WITH REG NO 60550
- TAMILNADU MEDICAL COUNCIL LICENCE WITH REG NO 120187
- 2020 2023: DNB ANESTHESIOLOGY FROM KIMS HEALTH, TRIVANDRUM (NATIONAL BOARD OF EXAMINATIONS, NEW DELHI, INDIA)

### ACHIEVEMENTS AND PARTICIPATIONS

- ANESTHESIA CME GANCON MAY 2023 SREE GOKULAM MEDICAL COLLEGE, TRIVANDRUM,
- NEURO AND CARDIO ANESTHESIA WORKSHOP NICE OXY 2022 OCTOBER 2022 SREE CHITRA TIRUNAL INSTITUTE FOR MEDICAL SCIENCE AND TECHNOLOGY, TRIVANDRUM
- AIRWAY UPDATES ANESTHESIA CME SEPTEMBER 2022 KIMS HEALTH, TRIVANDRUM
- RACE CME 2022 SRI RAMACHANDRA MEDICAL COLLEGE AND RESEARCH INSTITUTE, CHENNAI.
- CLINICAL SKILLS TRAINING DECEMBER 2021 KIMS HEALTH CLINICAL SKILLS AND SIMULATION CENTRE, TRIVANDRUM
- AMERICAN HEART ASSOCIATION BASIC LIFE SUPPORT(BLS) AND ADVANCED CARDIAC LIFE SUPPORT (ACLS) – KIMS HEALTH, TRIVANDRUM (2020)

#### DECLARATION

• I hereby declare that all statements made above are true, complete, and correct to the best of my knowledge

With regards

DR. SUNAINA K