# SANDRA BINOY

# SOCIAL WORKER

Madathikudiyil(H) Kadathy,Mekkadampu p.o Muvatupuzha Pin :682316



sandra1999binov@gmail.com

+91-9207908570

#### **OBJECTIVE**

MSW graduate with a passion for psychology and community development, seeking a position where I can use my skills and knowledge to make a positive impact on the lives of others. I am particularly interested in working with vulnerable populations and underserved communities to address mental health disparities and promote well-being.

#### **EXPERIENCE**

02/01/2023 to 30/1/2023

# SHALOM MENTAL HEALTH AND RESEARCH, PALAKKAD

#### Roles & Responsibilities

- Take case history and Mental status examination
- Participate in rounds with multidisciplinary team.
- Conduct recreation for the patients.

One month (01/6/2023 to 30/6/2023)

# NIRMALA MEDICAL CENTRE, MUVATUPUZHA

#### Roles & Responsibilities

- Familiarized with the functioning of palliative care unit, psychiatric ward and other various departments
- Conduct awareness class
- Take case history and mental status examination

# One month (14/8/2023 to 19/9/2023

# Roles & Responsibilities

- Take case history and MSE
- Conduct recreation for the patients
- Participate in rounds with multidisciplinary team.

# COCHIN SOCIAL SERVICE SOCIETY, FORT KOCHI

# Roles and responsibilities

- Attended various SHG meetings and WIDS meetings
- Took a class for SHG group members and WIDS members
- Took a motivational class for SHG groups (strengthening of underperforming SHG's
- Conduct awareness class for inactive SHG members.

# MUNICIPALITY, MUVATUPUZHA

# Roles and Responsibilities

Training and field visit for data collection and enrolment of Harithamithram smart gabage application at muvattupuzha municipality from 10/11/2022 to 14/11/2022.

# **EDUCATION**

#### **MSW**

Sree Narayana Guru college of arts and science, Paingottoor (Mg University) 2021-2023

#### **B SC MATHEMATICS**

CET college of management science and technology, Airapuram (Mg University) 2016-2019

#### PLUS TWO(Bio-Maths)

St Mary's HSS, Aarakuzha 2014-2016

#### **SSLC**

Ebenezer HSS Veettoor 2014

#### **SKILLS**

MS office Excel Communication
Tally Problem-solving Critical thinking

#### **LANGUAGES**

- Malayalam
- English
- Hindi

**REFERENCE** 

Ms.Nitheesh K.V Head of department sree Narayana Guru college of arts and science, , paingottoor Phone number:9496480866

# **DECLARATION**

I hereby declare that the above mentioned details are true to the best of my knowledge and my belief .

Best Regards, Sandra Binoy