



# AKHIL RAJEEV

## Clinical Neuropsychologist

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### CAREER SUMMARY

*Accomplished, RCI licensed Clinical Psychologist with a Fellowship in Clinical Neuropsychology (NIMHANS) with a rare combination of excellent academic track record and stellar internship / work experience in neuropsychological assessments and cognitive retraining for patients with various neurological and psychiatric conditions. Training at NIMHANS equipped me with clinical acumen to assess the neurocognitive functions in various neurological and psychiatric conditions and to provide psychotherapeutic and cognitive interventions to enhance the cognitive, social and occupational functioning of individuals.*



#### PROFESSIONAL MEMBERSHIPS

- ◆ Professional Life Member in Clinical Psychology Society of India (CPSI).
- ◆ Professional Membership in Indian Association of Clinical Psychologists (IACP), Kerala Region



#### HONOURS

- ◆ 3<sup>rd</sup> Rank in M. Sc. Psychology (University of Kerala)



#### CLINICAL EXPERIENCE

- ◆ Amrita Institute of Medical Sciences, Kochi
- ◆ Aster Medicity, Kochi
- ◆ Neurofoundation Hospital, Salem
- ◆ Ananthapuri Child Development Centre
- ◆ Nakkada Psychiatric Mission Hospital.



#### GEOGRAPHICAL EXPOSURE

- ◆ Bengaluru, Chennai, Kochi & Thiruvananthapuram



#### EXTRA-CURRICULAR ACTIVITIES

- ◆ Playing keyboard and piano (Certified by Associated Board of Royal Schools of Music London).
- ◆ Sequencing and composing of music.
- ◆ Photography.



#### GOVERNMENT PROJECT

- ◆ Worked as Research Assistant in the project titled Project Phoenix, Rising to a Brighter Future: A Model for Support and Societal Reintegration of Young Girls in Kerala organized by NirbhayaCell, Dept. of Women and Child Development, Govt. of Kerala and Dept. of Psychology, University of Kerala at Police Training College, Thycaud, Thiruvananthapuram.

### ACADEMIC QUALIFICATIONS

- ◆ **Fellowship in Clinical Neuropsychology** from National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru.
- ◆ **M. Phil Clinical Psychology**, National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), Govt. of India, Chennai (Affiliated to Tamil Nadu Dr. M.G.R Medical University and approved by Rehabilitation Council of India).
- ◆ **M. Sc. Applied Psychology (Specialization in Clinical Psychology)**, University of Kerala, Karaiavattom Campus, Thiruvananthapuram (Secured 3<sup>rd</sup> Rank in University of Kerala).
- ◆ **B. Sc. Psychology**, Fatima Mata National College, Kollam, University of Kerala (Passed with Distinction and 'A GRADE').

### CERTIFICATIONS

- ◆ Qualified **UGC-NET (National Eligibility Test)** in Psychology for Assistant Professorship.
- ◆ **Diploma in Community Mental Health for Psychologists** from National Institute of Mental Health and Neurosciences (NIMHANS).

### CLINICAL SKILLS

- ◆ Neuropsychological Assessments for Pre and Post Neurosurgery, Epilepsy, Post Stoke Cases, Traumatic Brain Injury, Dementia, Parkinson's Disease and other wide range of chronic neurological conditions for pediatric, adult and geriatric patients.
- ◆ Real time cognitive assessments in Awake Craniotomy Surgery.
- ◆ Lobar Function Test.
- ◆ Screening and Bed-Side Evaluation of Cognitive Functions.
- ◆ Neuropsychological rehabilitation using EEG-Neurofeedback Training and individualized cognitive retraining modules for enhancing various domains of cognition.
- ◆ Collaboration with the multidisciplinary team of Neurology, Neurosurgery, Neurophysiology, Neuroradiology and Behavioral Sciences providing a holistic approach and intervention for the best outcome of the patients.

## **FELLOW IN CLINICAL NEUROPSYCHOLOGY**

### **National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru (July 2022 – June 2023)**

- Conducted Neuropsychological Assessments and Cognitive Rehabilitation for various neurological conditions in pediatric, adults and geriatric patients.
- EEG-Neurofeedback Training (EEG-NFT) for neurological and psychological disorders.
- Individualized cognitive retraining activities for patients with wide range of neurological conditions
- Actively involved in awake craniotomy surgeries to carry out real-time neuropsychological assessments during the surgery.
- Collaborated with professionals of multidisciplinary departments like neurosurgery, neurology, neuroradiology to providing holistic treatment approach to the patients.
- Actively participated in research activities, academic presentations, case discussions, weekly review meetings etc.

## **CONSULTANT PSYCHOLOGIST**

### **Ananthapuri Child Development Centre, Thiruvananthapuram, Kerala. (Jul 2018 - Oct 2018)**

- Conducted psychotherapeutic assessment and intervention for children with neuro developmental disorders.
- Identify and evaluate problems, integrative strategies, provide feedback, and promote synergistic solutions.
- Facilitated individual and group therapy outpatient services to children and adolescents on neurodevelopmental disorders.

## **CLINICAL INTERNSHIP EXPERIENCES**

### **Neurofoundation Hospital, Salem Tamilnadu, Dept. of Neuropsychology (Apr 2022 - May 2022)**

- Neuropsychological assessments and interventions for various neurological conditions.
- Administering and interpreting neuropsychological tests, report writing, feedback, and case studies.

### **Amrita Institute of Medical Sciences, Kochi, Kerala, Dept. of Psychiatry (Feb 2022 - Mar 2022)**

- Assisted in psychological and neuropsychological interventions for various psychiatric conditions for children and adults.
- Counselling individuals regarding problems such as stress, substance abuse, or family situations to modify behavior to improve personal adjustment.

### **Aster Medicity, Centre of Excellence in Neurosciences, Kochi (Nov 2018 - Dec 2018)**

- Conducted neuropsychological assessments (pre-operative and post-operative) and neurorehabilitation for patients with a variety of neurological conditions.
- Performed neuropsychological assessments to identify and document patients' neurological conditions.

### **Nakkada Mission Hospital, Ramanchira, Thiruvalla, Kerala, Dept. of Psychiatry (Mar 2018 - Mar 2018)**

- Assisted and provided therapy sessions to severely emotionally disturbed individuals.
- Involved cognitive-behavioral therapy, solution-focused family therapy and group therapy.

## **REFERENCES**

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- Dr. Arun B. Nair, Associate Professor, Department of Psychiatry, Government Medical College, Thiruvananthapuram, Kerala. E mail id: arunb.nair@yahoo.com
- Dr. Bindu P. Nair, Associate Professor, Dept. of Psychology, University of Kerala, Kariavattom Campus, Thiruvananthapuram, Kerala. E mail id: bindupsych67@gmail.com