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| <b>JO SEBASTIAN</b>  | kulathumkal House,<br>kudakkachira P.O<br>marangattupilly,<br>kottayam (dist)<br>Kerala ,India- 686635 |
| Email : <a href="mailto:jinojoseb@gmail.com">jinojoseb@gmail.com</a> | PH:8239322049,8921374874   |

**Objective:**

**Long term association with a medical facility that will benefit from academic preparation, nursing experience and a driving work ethic.**

**Summary:**

- **Dedicate Staff Nurse with 13 *years* of nursing experience.**
- **Background in emergency, intensive care, internal medicine, critical care.**
- **Flexible, quick learner who adapts easily to new situations and enjoys a challenge.**
- **Self motivated professional with a commitment to providing quality nursing care.**
- **Strong ability to effectively manage multiple complex tasks simultaneously and coordinate time effectively.**
- **Strong organizational and communication skills.**

**Educational Qualifications:**

| <b>Education</b> | <b>Board / University</b> | <b>Year of passing</b> |
|------------------|---------------------------|------------------------|
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|------------------------------------|-------------------------------------|-------------|
| <b>General Nurse and Midwifery</b> | <b>Board of Karnataka Education</b> | <b>2007</b> |
| <b>Pre-Degree</b>                  | <b>M.G University</b>               | <b>2000</b> |
| <b>S S L C</b>                     | <b>Board of Kerala Education</b>    | <b>1998</b> |

### **Professional Registrations:**

- **Registered Nurse and Midwifery, Karnataka Nursing Council**
- **Karnataka, Registered By INC**

### **Other Activities:**

- **Actively Participated In National Pulse Polio Programme from 2003.**
- **Actively participated in SNA Programme from 2003 to 2007**

## **PROFESSIONAL EXPERIENCE**

### **● SARVODAYA HOSPITAL GRATER NOIDA**

**FROM 04/01/2023 TO TILL DATE**

### **● YASHODA HOSPITAL & CANCER INSTITUTE GHAZIABAD**

**FROM 01-04-2019 TO 31/12/2023**

**DEPARTEMENT:ICU**

● **MANIPAL HOSPITAL JAIPUR**

**FROM 02-11-2015 TO 26/12/2018**

**DEPARTEMENT: BONE MARROW TRANSPLANT ICU**

● **GOLDFIELD MEDICAL COLLEGE FARIDABAD**

**FROM 02-05-2014 TO 05-08-2015**

**DEPARTEMENT: MEDICAL ICU**

● **RAMA MEDICAL COLLEGE GHAZIABAD**

**FROM 02-07-2012 TO 15-04-2014**

**DEPARTEMENT: ICU**

● **PARAS HOSPITAL GURGAON (250 bedded NABH accredited hospital)**

**FROM 15-09-2009 TO 13-04-2011**

**DEPARTEMENT : MEDICAL ICU**

● **WOCKHARDT MULTI SPECIALITY HOSPITAL, NAGPUR (150 Bedded)**

**DEPARTEMENT : ICU**

**Responsibilities**

- **Patient Care Regarding medical condition, treatment, short- and long-term maintenance.**
- **Lesion with physician and medical staff.**
- **Resuscitation procedures, Code Blue Policy, infection control management , blood Transfusion.**

- **Oxygen Administration, Suctioning, Endotracheal intubations, Nebulization, Care of patient on Ventilator, Tracheostomy care**
- **Collecting of Specimen, ABG, Taking ECG.**
- **Monitoring CVP, Glasgow coma Scale etc.**
- **Ryle's Tube Insertion, Nasogastric feeding, Jejunostomy feeding, Canalization, Catheterization, monitoring intake and output chart.**
- **Wound dressing, back care, Mouth Care, care of eyes and ears, bathing, positioning the patient, chest physiotherapy, bladder wash, enema etc.**
- **Assisted in Intubation and Extubation, Tracheostomy**
- **Assisted in Lumbar puncher**
- **Assisted in Catheterization**
- **Assisted in CVP line Insertion and Arterial Line Insertion.**

**Equipments Familiar with:**

- **Thermometer, Glucometer, Pulse Oxymeter, Cardiac Monitor, Nebulizer, Steam inhaler, Infusion pumps, Multipara Monitor**
- **Defibrillator, Ventilator, Suction apparatus, Echo machine, Blood transfusion set, Syringe Pump,**
- **Oxygen apparatus(wall & portal), Ambu bag with mask, NBP module, ECG machine, Arterial blood gas analyzer,**

**Personal Profile:**

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|------------------------|-----------------------------------|
| <b>Date of Birth</b>   | <b>14<sup>th</sup>AUGEST 1982</b> |
| <b>Languages Known</b> | <b>English, Malayalam, Hindi.</b> |
| <b>Marital Status</b>  | <b>Single</b>                     |
| <b>Passport No:</b>    | <b>V0867219</b>                   |

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|--------------------------|---|
| <b>Religion</b>          | <b>Christian</b>  |
| <b>Permanent Address</b> | <b>kulathumkal House,<br/>kudakkachira P.O<br/>marangattupilly,<br/>kottayam (dist)<br/>Kerala ,India- 686635<br/>Ph: 04822249185</b> |