

**CURRICULAM VITAE**



**NAME** : Dr. Grace Mary Joseph

**AGE** : 28 years

**SEX** : Female

**PERMANENT ADDRESS** : D/o K.J Joseph  
34/2022 -A THUSHARA  
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**QUALIFICATION** : BDS , MDS ( PERIODONTICS AND  
**IMPLANTOLOGY)**

**NAME OF THE INSTITUTION( UG)** : K.G.F College of Dental Sciences,Kolar

**NAME OF THE INSTITUTION ( PG):** A.J Institute Of Dental Sciences ,  
Mangalore

**UNIVERSITY** : Rajiv Gandhi University of Health Sciences

**YEAR OF PASSING BDS** : 2014-2019

**YEAR OF PASSING MDS** : 2020-2023 ( August )

**SPECIAL INTEREST** : Root coverage procedure, periodontal flap surgeries( conventional and minimally invasive), Guided bone regeneration, frenectomy, gingivectomy, mucogingival surgeries, ridge augmentation, LASER associated surgeries, depigmentation, management of diabetic patients .

**MARITAL STATUS** : Single

**THESIS TOPIC (MDS)** :Comparative assessment of IL-6 levels in diabetic patients with chronic localized periodontitis treated with scaling and root planning with and without 2 %curcumin gel- A clinical study

**LIBRARY DISSERTATION:** GCF a pioneer biomarker

**Projects done :**

- 1."Patient awareness and acceptance of periodontal therapy "- a questionnaire based study".
2. Gingival crevicular blood as a chair side diagnostic tool estimating blood sugar levels.
3. Comparative evaluation of curcumin and phenolic mouthwashes among patients with chronic gingivitis.

**Clinical Work**

1. NON-SURGICAL	NO OF CASES
a) Hand scaling	15
b) Ultrasonic scaling	248
c) Splinting	7
d) Local Drug Delivery	42
e) Coronoplasty	3

2. SURGICAL	
a) Abscess Drainage	12

b) Curettage	45
c) Operculectomy	7
d) Gingivectomy and Gingivoplasty	4
e) Frenectomy	3
f) Depigmentation	4
g) Crown Lengthening procedure	10
Vestibuloplasty	1
Implants	5
Flap surgeries	78
Aggressive periodontitis	3
Chronic periodontitis	6
Localized periodontitis	25

<b>MIST(Minimally invasive )</b>	
LANAP	3
Conventional flap with LDD	1
LASER decontamination with LDD	1
<b>Root coverage procedures</b>	30
Coronally advanced flap	14
FGG	2
SCTG	1
Double lateral sliding ( two stage surgery)	1
Bridge flap	2
Double lateral sliding bridge flap	1
Zucchelli technique	1

Tarnow's Technique	3
Tunnelling technique	4
Coronally advanced flap	5
Apicoectomy	1
Hemisection	1
Periimplantitis	1
Pink tooth management	1
Diagnosis and management of Darriers disease	1
GBR	15
Management of Endo-perio lesion( mesial root and moat shaped defect irt 37)	1
Ridge augmentation ( horizontal )	1

Conferences attended	6
Workshops attended	6
Webinar attended	10
CDE's attended	7
Interdisciplinary meet	7
Posters presented	3
Paper presented	2

## **ACHIEVEMENTS :**

1. 2 nd place in ISPRP poster presentation titled : impact of peri implantitis on systemicdisease
2. 2 nd place in ISPRP paper presentation titled : interdisciplinary manangement of endoperio lesions
3. Secured 7 th rank in RGUHS first year university exam.( first year MDS)\
4. Secured 73 % marks in RGUHS final year university exam
5. Secured average of 71 % in BDS

## **PUBLICATIONS :**

1. "Patient awareness and acceptance of periodontal therapy "- a questionnaire based study". Dr. Grace Mary Joseph, Dr. Abraham Davis ,Dr. Nandini Manjunath,Dr. . Parimala Kumar  
. International journal of innovative svience and research. Volume 7 - 2022 issue 10 – October.
2. Gingival depigmentation: is laser better than scalpel? A case series. Dr Grace mary joseph, Dr. Parimala kumar. International journal of innovative svience and research. Volume 7 - 2022 issue 10 – October.
3. GCF A Pioneer Biomarker: A Review. GCF A Pioneer Biomarker: A Review. Dr Grace mary joseph, Dr. Parimala kumar. International journal of innovative svience and research. Volume 7 - 2022 Issue 7 – July.
4. Surgical management of periapical lesion with prf and biodentine : a case report. Dr.Ithisham ismail, Dr. Grace Mary Joseph, Dr.Parimala Kumar.International journal of Dental Science and innovative research. April 2023, volume -6, Issue - 2, P.NO. 447-455
5. 2 % Curcumin Gel as an adjunct to scaling and root planning in periodontitis patients with type II diabetes. Dr. Grace Mary Joseph, Dr.Parimala Kumar.International journal of DentalScience and innovative research. June 2023, volume -6, Issue -3.
6. Comparative evaluation of curcumin and phenolic mouthwashes among patients with chronic gingivitis Dr. Keerthi T, Dr. Grace Mary Joseph,Dr. Sahana Purushotham. International journal of innovative svience and research. Volume 8- 2023 Issue 5 – May