







D.O.B- 5/6/2000

# NEHA MARIYA

## Social Worker

Social Worker with Patience, Compassion, Empathy, and excellent Communication skills, Seeking an opportunity to use the knowledge to improve the lives of the clients by offering solutions as an advocate, facilitator, counselor, educator, mediator, etc.

### CONTACT

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-  | nehamary2000@gmail.com
-  | NEHA MARIYA
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Thrissur, Kerala, PIN 680552

### EDUCATION

- **Master in social work**(Physical and Mental health)  
Amrita Vishwa Vidyapeetham University  
2020-2022 | CGPA -9.4/10  
Coimbatore, Tamil Nadu
- **Bsc. Zoology**  
Bachelor of Science  
2016-2020  
Little flower college Guruvayoor  
CGPA-4.16 / 6  
Active cadet of NCC C & B certificate holder from  
Ministry of Defence, INDIA

### LANGUAGE

- English | Read, Write, Speak
- Malayalam | Read, Write, Speak
- Tamil | Speak
- Kannada | Speak
- Hindi | Read, Write

### HARD SKILLS

- MS Office
- Designing-Canva
- OS-Windows
- Google Drive-Google Docs/Google Sheets/Google Forms/Google Slides
- Social Media
- Goonjan -MIS

### SOFT SKILLS

- Team player
- Leadership
- Communication Skills

### EXPERIENCE

- **Assistant Manager-Knowledge Management & Communication**  
2022 - 2023 | Tamahar Trust - Centre For Children With Special Needs | Bangalore  
Karnataka  
Key Job Roles :  
  1. Monitoring And Evaluation
  2. Creating Templates for all documentation
  3. Maintenance of the structure of drives and accessibility
  4. Creation and updating of SOPs
  5. Report Writing-Quarterly and Annual reports
  6. Social Media Management - Regular updating in all Social Media, Website image updating (WordPress), and Business Profile Management.
  7. Writing Case Studies and impact stories for research purposes
  8. Creations of posters and other creatives
  9. Home Visits
  10. Goonjan software management
- **Internship-Tamahar center for children with special needs Bangalore**  
2022 | June
  - Case work
  - Group Therapy for children
  - worked at various department such as Occupational therapy, Physio therapy, and Speech therapy
- **Internship-Amrita Hospital ,Kochi**  
2022 | May
  - Worked in the department of community medicine
  - Worked on a project named 'Cochin Intervention for Tobacco smoke free home'
- **Internship-Gram Panchayath Tholur**  
2022 | April
  - Conducted project on the topic ' A study on Influence of Neighbourhood Groups of Kudumbasree in empowerment, In ward 11 Tholur panchayat Thrissur'
- **Internship-Pain and palliative care society**  
2021 -August | Thrissur, Kerala
  - Conducted project on the topic 'A study on Economic and Biopsychosocial impact during COVID-19 Pandemic with refer to Pain and palliative care society Thrissur'

REFERENCE : Dr.S.Kanagaraj-Amrita Vishwa Vidyapeetham | Assistant professor  
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