



ZEIKA AFREEN

PHYSIOTHERAPIST



Contact



AZWA - CHALAKKARA,
NEW MAHE.



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Zeika Afreen



Skills

Therapeutic Taping



Basic Life Support



Musculofascial Release
Therapy



Objective

Passionate and ambitious physical therapist, expert in movement science, developing both personal and interpersonal skills, along with sincere contribution to the organizations growth and goals.



Education



CO-OPERATIVE INSTITUTE OF
HEALTH SCIENCES - KERALA
UNIVERSITY OF HEALTH SCIENCES
BACHELOR OF PHYSIOTHERAPY (BPT)
2018 - 2023



J.N.G.H.S.S | MAHE - PONDICHERRY
HIGHER SECONDARY
MARCH - 2018



ST. THERESA HIGHER SECONDARY
SCHOOL | MAHE - PONDICHERRY
S.S.L.C
MARCH - 2016



Work Experience



Aster MIMS Hospital - Calicut, Kerala
INTERNSHIP : July - October 2023



JSS Hospital - Mysore, Karnataka
INTERNSHIP : May - June 2023



Community posting - Initiative for
Rehabilitation & Palliative Care
INTERNSHIP : March - April 2023



Aster MIMS Hospital - Calicut, Kerala
CLINICAL POSTING - 2022



Meitra Hospital - Calicut, Kerala -
CLINICAL POSTING - 2021



Personal Details

- D.O.B - 19-03-2000
- Nationality - Indian
- Marital Status - Single
- Gender - Female



Project

- Physical Activity & Pre-Menstrual Syndrome



Language

- English
- Malayalam
- Hindi



Achievements

- Certified on Therapeutic Taping
- Certified on Basic Life Support
- Certified on Musculofascial Release Therapy



Reference

Dr. Ashkar Ali K (PT)
Head of Department - Physiotherapy
Aster MIMS, Calicut
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Declaration

I hereby declare the above mentioned information are true of my knowledge.