

# CURRICULUM VITAE



## SANDRA ANNA SKARIA

### REGISTERED NURSE

Registered nurse with strong experience in delivering quality care to patient. Highly passionate, caring and socially skilled nursing.

### CONTACT INFORMATION

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✉:skariasandraanna@gmail.com

### PERMANENT ADDRESS

Purakulam House  
Edakkara PO, Karuneechi  
Malappuram Dist  
Kerala - 679331

### PERSONAL DATA

Date of birth : 15.05.2000

Sex : Female

Marital status : Unmarried

Nationality : Indian

Mother Tongue: Malayalam

### INTEREST & HOBBIES:

Traveling,

Reading

### LANGUAGES KNOWN

- English
- Tamil
- Hindi
- Malayalam

### CAREER OBJECTIVE:

To play an active role in contributing to the growth of the organization by fully utilizing my potential and seeking a challenging and responsible position in nursing with the opportunity for personal and professional advancement.

### TRAINING DETAILS:

Sl.No	Year	Department	Duration	Hospital
1	1 <sup>ST</sup> Year	Medical Ward Surgical Ward	6 month	EMS Memorial Co-Operative Hospital & Research CENTRE, Perinthalmanna (300 Bedded)
2	2 <sup>nd</sup> Year	Medical ICU, Surgical ICU, OT & Emergency Department	6 month	EMS Memorial Co-Operative Hospital & Research CENTRE, Perinthalmanna (300 Bedded)
3	2 <sup>nd</sup> Year	Medical ICU, Surgical ICU, OT, Ortho Ward & Cardiac Ward	1 month	District Hospital Perinthalmanna
4	3 <sup>rd</sup> Year	PICU, NICU, Paediatric ward, CCU, CTOT	6 month	EMS Memorial Co-Operative Hospital & Research CENTRE, Perinthalmanna (300 Bedded)
5	3 <sup>rd</sup> Year	Psychiatric/Mental Health	1 month	Dr.Salim's Centre for Neuro Psychiatry
6	4 <sup>th</sup> Year	Gynec Ward, Labour Room, Labour OT, CTVS	6 month	Government Hospital Nilambur
7	4 <sup>th</sup> Year	Community Health Centre	1 Month	Primary Health Centre, Eravimangalam, Community Health Centre Eravimangalam

## PASSPORT DETAILS

Passport No: Y8295162

Date of Issue:24.08.2023

Date of Expiry:23.08.2033

Place of Issue: Kozhikode

## EQUIPMENT HANDLED AT WORK

- Glucometer
- Cardiac Monitor
- ECG Machine
- Nebulizer
- Syringe Pump
- Suction Apparatus
- Defibrillator
- Ventilator

## PROFESSIONAL COMPETENCY

- Giving health education and psychological support.
- Excellent communication and interpersonal skills.
- Comprehensive problem solving abilities.
- Well prepared to adapt to difficult situation
- Patience

## REFERENCE

Mrs.Vipina Mohan  
Assistant Professor  
EMS CON  
Mob: +91 9544580825

## EDUCATIONAL QUALIFICATIONS:

### Professional

- Bachelor of Science in Nursing (2023)  
EMS College of Nursing Perinthalmanna  
Kerala University of Health Science, Trissur

### Educational

- HSE – Science (2018)  
Higher Secondary Examination Board
- SSLC(2016)  
Kerala Board

## ABILITIES AND AREAS OF STRENGTH:

- Support the development and implementation of HR initiatives and systems
- Assessing, observing, and communicating with the patients
- Recording details and symptoms of patient medical history and current
- Health Preparing patients for exams and treatment
- Administering medications and treatments, then monitoring patients for side effects and reactions
- Creating, implementing, and evaluating patient care plans with the medical team
- Performing wound care, such as cleaning and bandaging them
- Assisting in medical procedures as needed
- Operating and monitoring medical equipment
- Drawing blood, urine samples, and other body fluids for lab work
- Educating patients and family members on treatment and care plans, as well as answering their questions
- Assess the vital signs and recording them IV cannulation Documentation Prepare the patients for clinical procedures, providing reassurance and advice to ease concerns.

## DECLARATION:

Hereby, I declare that the information furnished above is true. If I get an opportunity to work in your esteemed organization, I assure that I shall discharge my duties to the fullest satisfaction and to the best of my ability.

**SANDRA ANNA SKARIA**