

Alex Raju

Physiotherapist



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About Me

Physiotherapist seeking an entry-level position in a dynamic and growth-oriented organization where I can contribute my skills, knowledge and enthusiasm in providing quality care to patients.

Education History



Bachelor of Physiotherapy

Institution: Father Muller Medical College, Mangalore

Year of Graduation: 2023

Higher Secondary Education

Institution: NSS HSS Manickamangalam

Year of completion: 2018

Higher Secondary Education

Institution: St. Joseph's Convent Senior Secondary

English Medium School, Pulluvazhy

Year of completion: 2014

Skills

- Patient Assessment and management
- Quality patient care
- Physical Examination
- Knowledge on use of electrical modalities
- Knowledge about Musculoskeletal, Neuro and Cardiorespiratory management
- Communication Skills
- Time Management

Experience

Physiotherapy Intern

Father Muller Medical College, Mangalore

July 2023- Present

6 months of rotational internship in the following departments:

- Orthopedics (In-patient & Out-patient)
- Neuro-rehabilitation
- Cardio-Respiratory within ICU and Hospital wards
- Community based rehabilitation at assisted homes
- Pediatrics

Worked as an On-field physiotherapist for IMA -KARNATAKA STATE BRANCH Shuttle Badminton Tournament 2023

Communicated effectively with other healthcare providers to provide for continuity of patient care.

Planned and carried out individually designed programs of physical treatment to maintain, improve or restore physical functioning and alleviate pain.

Evaluated effects of treatment at various stages and adjusted treatments to achieve maximum benefit.

Certifications



- Basic cardiopulmonary life support (**BCLS**) at FMMC (*July 2023*).
- Workshop on "**Stroke Rehabilitation: Physiotherapy Management** " (*September 2023*)