



Aswin P

General Surgeon (MBBS,MS,FMAS [AMASI])

Profile

I am a passionate general surgeon with a thirst for acquiring new skills and knowledge. I have special interest in minimal access surgeries, hence I think this institution would be the ideal place to enhance my talent and provide the best patient care I can.

Employment History

Senior Resident at VMMC and Safdarjung Hospital, New Delhi

August 2022 — Present

After completion of post graduation from the same institute, I decided to stay back to get an adequate exposure to laparoscopy. I was fortunate to have teachers who have guided me in becoming a better surgeon, than I was before starting my senior residency.

Junior Resident (Non Academic) at All India Institute of Medical Sciences, Bhopal, Bhopal

February 2019 — March 2019

I had worked briefly in the department of Transfusion Medicine after completing my under graduation.

Education

MBBS, AIIMS, Bhopal

August 2012 — December 2017

I am fortunate to have graduated from one of the apex institute in our country.

I have distinction in biochemistry and silver medal in Obstetrics and Gynecology

MS, General Surgery, VMMC and Safdarjung Hospital, New Delhi

May 2019 — April 2022

Post-graduation from a central institute in the national capital provided great exposure to wide variety of patients in both emergency and elective setting.

Courses

FMAS, AMASI

March 2023

Basic course in Biomedical Research, ICMR and NIE

March 2022

Advances in MIS and Live Operative Workshop, Department of Laparoscopic and General surgery, ASI

December 2021

Short Term Studentship, ICMR

2015

Details

20-O, opposite B4 205,
Safdarjung Enclave, New Delhi,
110029, India, 8281542213
draswinrahman@gmail.com

Date / Place of birth

19/03/1995

Kerala

Nationality

Indian

Languages

Malayalam

English

Hindi

Tamil

Papers Published

During MBBS

Choudhary B, Patil R, Bhatt GC, Pakhare AP, Goyal A, P A, Dhingra B, Tamaria KC. Association of Sleep Disordered Breathing with Mono-Symptomatic Nocturnal Enuresis: A Study among School Children of Central India. PLoS One. 2016 May 18;11(5):e0155808. doi: 10.1371/journal.pone.0155808. PMID: 27191620; PMCID: PMC4871538.

Goyal, A., Aswin, P. & Pakhare, A.P. Poor Knowledge and Attitude Regarding Obstructive Sleep Apnea (OSA) Among Medical Students in India: A Call for MBBS Curriculum Change. *Sleep Vigilance* **2**, 45–50 (2018).
<https://doi.org/10.1007/s41782-017-0028-3>

During Post graduation

Kundan M, Aswin P, Tyagi G, Ghosh M. Breast Tuberculosis: A Report of Two Cases. *Int J Infect.* 2022;9(3):e116425. doi: 10.5812/iji-116425.

CHRONIC MYELOID LEUKEMIA IN A PATIENT WITH ABDOMINAL COCOON SYNDROME: A RARE CLINICAL PRESENTATION, Dr Aswin P, Dr Manjunath P Mulgaoankar, Dr Salha Salam INDIAN JOURNAL OF APPLIED RESEARCH : Volume-12 | Issue-7 | July-2022

During Senior Residency

STEPPING TOWARDS NON-SURGICAL MANAGEMENT: STUDY IN A TERTIARY CARE CENTRE IN A DEVELOPING NATION, Dr Aswin Puthangot, Dr Puneet Garg, Dr Megha Tandon, Dr Salha Salam, Dr Ayushman Singh Rawat, Dr Vinayak Verma INDIAN JOURNAL OF APPLIED RESEARCH : Volume-13 | Issue-7 | July-2023 DOI: 10.36106/ijar

Angio Embolisation in Traumatic and Non-traumatic Indications - A Case Series Analysis - ASWIN PUTHANGOT, PUNEET GARG, MEGHA TANDON, SALHA SALAM, KARAN BARAT - IJFMR Volume 5, Issue 4, July-August 2023. 10.36948/ijfmr.2023.v05i04.4128

Thesis

EVALUATION OF DUAL DYE (FLUORESCHEIN AND METHYLENE BLUE) TECHNIQUE FOR AXILLARY REVERSE MAPPING AND SENTINEL LYMPHNODE BIOPSY TO ASSESS AXILLA IN PATIENTS WITH BREAST CANCER

Presentation

Poster Presentation

ASOMACON, ASOMA, New Delhi

December 2020

NATCON, Indian Association of Surgical Oncology, New Delhi

October 2021

ACSCON, ACS INDIA CHAPTER, New Delhi

August 2022

Paper presentation

ACSCON, ACS INDIA CHAPTER, New Delhi

August 2022

ASOMACON, ASOMA, New Delhi

November 2022

Case Presentation

LHMC Surgery Update, New Delhi

January 2021

ACSCON, ACS INDIA CHAPTER, New Delhi

August 2022

ASOMACON, ASOMA, New Delhi

November 2022

🏢 Organisation Membership

ASOMA

September 2021

AS000159

ASI

December 2022

FL:39539

AMASI

February 2023

12313

IAGES

March 2023

9563

🏢 Expertise

Emergency procedures

Over past decade I have been able to hone my talent in various emergency procedures like

1. Inter Costal Drain insertion, fluid resuscitation, intravenous cannulation, central line insertion, endotracheal intubation, tracheostomy, venesection, giving CPR, ryles tube insertion
2. Emergency laparotomy, splenectomy, right hemicolectomy, Appendicectomy, orchidectomy, orchidopexy, hernia tissue repair (bassini, dasarda, sholdice), grahams patch repair, triple tube repair for peptic perforation, resection anastomosis, gastro-jejunostomy, stoma formation (jejunostomy, ileostomy, colostomy), amputation, reduction of rectal prolapse, thiersch repair

Elective procedures

1. Minor: Excision of cysts/ lipoma/ palmar ganglion, banding of hemorrhoids, skin suturing, fibroadenoma excision, round block mastopexy (fibroadenoma, gynecomastia)
2. Open: Lichtenstein Mesh hernioplasty, elective appendicectomy, open mesh hernioplasty (onlay), Modified Radical mastectomy, stoma reversal, open cholecystectomy, Split thickness skin grafting, fistula-in-ano (fistulectomy, fistulotomy, seton insertion), mulligan Morgan excision
3. Laparoscopy: Laparoscopic cholecystectomy (4 port)

Assisted in following procedures:

1. Open: thyroidectomy, superficial parotidectomy, abdomino-perineal-resection, abdominal dermoid tumor excision, diaphragmatic hernioplasty, rectal prolapse (mesh fixation)
2. Laparoscopy: inguinal hernia (TEP, TAP), Ventral hernia (IPOM), Appendicectomy

🦋 Extra-curricular activities

Tech courses

As a kid I had interest in learning various computer courses over the summer breaks. I had opportunity to dabble in following courses.

1. computer Operator
2. computer Designer
3. Hardware and Maintenance
4. Video editing
5. Sound editing

🎮 Hobbies

I enjoy playing guitar, singing, listening to music, playing and watching cricket, playing table tennis

I also enjoy traveling.