

Ms. Lincy Thomas
Nangyalil thazhathu(H)
Pattithanam P.O
Kottayam Dist.
Kerala
Pincode–
686631Mob:
8281272600,
8075125986

## PERSONAL DETAILS

Email:lincythomasvayala@gmail.com

Name: LincyThomas

Date of birth: 26-12-1997

Gender: Female

Marital Status: Married

Religion: Christian Nationality: Indian

### **Personal Statement**

I am a Social Worker specialized in Medical and Psychiatry and also completed my certificate course in counseling and geriatric care. I have my graduation in B.com computer application and have knowledge in MS Word and MS Excel.

# **EDUCATIONAL QUALIFICATION**

Name of	Name of the Institution	Board/University	Percentage	Year of
the Course			/Grade	Passing
SSLC	Govt. H.S.S Vayala	Kerala Board of Public Examination	79%	2013
Higher Secondary	Govt. H.S.S Vayala	Kerala Board of Higher Secondary Education	69%	2015
Graduation B.com computer	B.K College Amalagiri	Mahatma Gandhi University, Kottayam,Kerala	82%	2018
Post Graduation MSW medical and	Kuriakose Elias College Mannanam	Mahatma Gandhi University, Kottayam,Kerala	72%	2020
Psychiatry				

### **ACADEMIC ACHIEVEMENTS**

- Counseling and Psychotherapy(Course with A Grade)
- Participated in two days Life Skill Training Programme at Social Work Department of Kuriakose Elias College Mannanam.
- Participated in three days Workshop on Participatory Rural Appraisal at Kuriakose Elias College with Kaipuzha Region in Neendoor Grama Panchayath.
- Participated in three days Theatre Workshop
- Organizing AWAKE 2019 and AWAKE 2020 A State Level Fest for Differently abled Children for 2 days programme at Kuriakose Elias College Mannanam.
- Participated in National Seminar on the topic"Gender Related Issuesin the Existing State of Affairs" on 22th February 2019 at Kuriakose Elias College Mannanam.
- Organizing National Conference about "Evolving Gender Roles in Social Institution:Role of Support System and Significance of Social Work" on 14<sup>th</sup>February 2020 at Kuriakose Elias College,Mannanam.

## **SPECIAL ACHIEVEMENT**

- Completed 3 months certificate course in Geriatric nursing and Dementia care
- Passed IELTS exam Academic with an overall score of 6.5 and General with overall 7 point band score

#### **ACADEMIC EXPERIENCE**

- Concurrent Field Worker at Community level in Arpookara Grama Panchayath
- Worked as Trainee Social Worker in Mochana Integrated Rehabilitation Centre for Addicts, Manganam from 01/04/2019 to 27/04/2019.
- Worked as Trainee Social Worker in Santhula Mental Health Centre Koothattukulam from 1/10/2019 to 26/10/2019.
- Worked as Trainee Social Worker in Fr.Mullers Medical College, Karnataka from 02/03/2020to19/03/2019.
- Internship at Kaanakari Grama Panchayat from 03/09/2020to05/10/2020
- Worked as a counsellor and done home visit
- Worked as a volunteer and field worker for Rebuild Kerala project in Arpookara Panchayath

#### WORK EXPERIENCE

Work Place	Worked as	Duration
Kunjachan	Psychiatric	1year from
Missionary of	social worker	01.09.20 to
charity for		30.08.21
geriatrics		
Manvettam		
<b>Jewel Autism and</b>	Administrator	6 months
Child		from 13.09.21
Development		to 30.04.22
Centre Kottayam		
Jawahar IRCA De	Individual	6months from

addiction centre	and family	01.10.22 to
Thalayolaparambu	counsellor	31.03.23

I do hereby declare that the above mentioned information's are correct and true to the best of my knowledge and belief.