



**ANZA.S**

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Near HS, Balaramapuram  
Trivandrum PO  
PIN ; 695501

**DOB:**

26/12/2000

**GENDER:**

Female

**MARITAL STATUS:**

Single

**LANGUAGES**

English

Malayalam

## PROFILE SUMMARY

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Compassionate physiotherapist with a strong desire to provide the highest possible level of patient care. Proven ability to design treatment plans that improve a client's capacity to perform physical movements and activities freely and confidently. Collaborates effectively with co-workers to provide a welcoming and compassionate environment for patient care.

## EXPERIENCE

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POSTING:

1. **GOVT.General Hospital Thiruvananthapuram-**

JAN 2022 - FEB 2022

2. **SP Well Fort Hospital, Trivandrum-**

June 2022 - July 2022

3. **Yana Mother And Child Hospital At Arumana-**

AUG 2022-SEP 2022

INTERNSHIP

1. **Sree Chitra Tirunal Institute for Medical Sciences  
& Technology**

**Medical institution in Thiruvananthapuram, Kerala**

8/3/23 - 6/5/23

2. **Lourdes hospital, Pachalam, Kochi**

2/5/23 - 5/7/23

3. **Sree Uthradom Thirunal (SUT) Hospital,  
Pattom, Thiruvananthapuram**

12/7/23 - 18/10/23

## EDUCATIONAL QUALIFICATION

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**BPT: 2018-2022**

*Bethany Navajeevan College Of Physiotherapy, Trivandrum*

**Secodary School: 2016-2018**

*Govt.Higher Secondary School Balaramapuram,Trivandrum*

## ROLES

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- Skilled in meeting with patients to assess what their physical challenges are and deciding on suitable treatment programs
- cooperate with other healthcare professionals, such as Occupational Therapists and General Practitioners and referring patients as needed

## SKILLS

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- Patient Education
- Physical evaluation
- Treatment planning
- Communication

## CERTIFICATIONS

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- participated in manglore physiocon 2022 held at IMA pai international convention center, manglore
- Done a project on "EFFECTIVENESS OF MYOFASCIAL RELEASE AND STRETCHING EXERCISE ON TEMPOROSPATIAL GAIT PARAMETERS IN A PATIENT WITH PLANTAR FASCITIS"