

CURRICULUM VITAE

TINTU K GEORGE

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PROFILE

Highly dedicated competent Registered Nurse with **12** years of Experience in the department of Medical, Surgical and Orthopedics departments including *Semi ICU*.

Looking for the position as a Staff Nurse to make use of my professional knowledge and competency

WORK EXPERIENCE

MIACASA(VULCAN)INDUSTRIES, AJMAN UAE

Position: Staff Nurse
Area of Work: Industrial Nursing
Duration: **20/03/2016 to 25/11/2022**

VIMS SPECIALITY HOSPITAL(MARATHAHALLI), BANGALORE, INDIA

(150 Bedded Super Specialty Hospital)

Position: Staff Nurse
Area of Work: Medical and Surgical and orthopedics ward
Duration: **20/02/2014 to 24/01/2016**

RAO NURSING HOME PUNE, INDIA

Position: Staff Nurse
Area of work: Medical Surgical Orthopedic Ward
Duration: **01/08/2012 to 10/01/2014**

APOLLO HOSPITAL GROUP (JAHANGIR HOSPITAL), PUNE, INDIA

(350 Bedded Super Specialty Hospital)

Position: Staff Nurse
Area of Work: Medical and Surgical and orthopedics ward
Duration: **01/07/2010 to 22/07/2012**

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JOB PROFILE

JOB PURPOSE

To provide a high standard of client care within the Ward Areas in accordance with National Care Standards, BPAS client-centred approach, clinical guidelines, policies, procedures, quality standards and the NMC Guidelines for Professional Practice.

DUTIES AND RESPONSIBILITIES

1. To deliver professional and high standards of client care within the Ward Areas in accordance with NMC Guidelines for Professional Practice.
 - 1.1. To admit clients and to explain the Clinic routines.
 - 1.2. To prepare and maintain Ward Areas for the admission of clients.
 - 1.3. To recognise and respect the dignity and confidentiality of all clients irrespective of ethnic origin or religious beliefs. To give attention to client needs, requests and wishes.
 - 1.4 To provide support and reassurance to clients at times anxiety or distress.
 - 1.5 To maintain a helpful, courteous approach to clients, visitors and colleagues at all times.
 - 1.6. To assess care needs and implement and evaluate programmes of care which meet the client's physical and emotional needs.
 - 1.7. To deliver care in accordance with identified standards and contribute towards the development and progression of standards.
 - 1.8. To deliver care as detailed in care plan and critically evaluate care in respect of care outcomes.
 - 1.9. To carefully check for and implement any procedure indicated on Client Case Notes.
 - 1.10. To escort the client to Theatre Suite ensuring that adequate instructions and information are given to the Theatre Team.
 - 1.11. To collect client from Recovery and return to Ward post operatively.
 - 1.12. To carry out comprehensive observations and to implement emergency procedures as necessary.
 - 1.13. To maintain effective communications with other members of the Ward staff.
2. To implement associated procedures in the care of clients.
 - 2.1. To administer drugs according to BPAS policy and NMC rules and ensure the safe keeping of drugs at all times.
 - 2.2. To accurately and promptly complete documentation relating to all client records ensuring that all handwriting is legible and documentation is clearly signed.

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- 2.3. To supervise unqualified staff on occasion.
3. To act as Discharge Nurse as required.
 - 3.1. To implement client checking procedures prior to discharge providing support and reassurance to client as necessary.
 - 3.2. To explain post-operative instructions and any special instructions/information required by the Surgeon.
 - 3.3. To confirm future contraceptive method and method of use.
 - 3.4. To complete necessary details on the Client Case Notes.
 - 3.5. To arrange appropriate follow up appointments
4. To participate as a full and active member of the Ward Team.
 - 4.1. To assist in the orientation of new staff, including Bank and Agency staff, to the Ward layout, philosophy and care strategy.
 - 4.2. To maintain good communications within the Ward areas and with all areas of the Clinic to provide a unified approach to client care.
 - 4.3. To maintain an up to date knowledge of appropriate clinical practice and to undertake PREP to support own continuing professional development.
 - 4.4. To participate and contribute to practice developments at ward level.
5. To implement Health and Safety Regulations and Policies and Procedures.
 - 5.1. To understand and implement Health and Safety procedures within the Ward Areas and Clinic.
 - 5.2. To report any incident, complaint or hazard to the Nurse Manager - Wards.
 - 5.3. To ensure all hazardous substances are handled in accordance with COSHH and BPAS procedures.
 - 5.4. To implement correct manual and patient handling techniques when carrying out duties.
 - 5.5. To maintain Clinic and Client security and confidentiality.
6. To actively and continuously review all work-related activities and suggest
7. To work in harmony with all other personnel.
8. To communicate in an open and courteous manner with all colleagues and clients.
9. To undertake any other tasks which are commensurate with the level and responsibilities of the post.

TYPES OF CASES HANDLED:

Cardio Vascular Accident, Road Traffic Accident, GB syndrome, Myocardial, Infraction, Acute Meningitis, CRF, Organ Transplanted Patients, CABG, Craniotomy, COPD, ARDS, Stroke,

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Poisoning, malaria, Typhoid, Dengu, Acute Gastro Enteritis patient, I.H.D, Pulmonary Embolism, Renal Calculi, Liver cirrhosis, Diabetes Melitus, Pancriatitis, Cancer patients, Fracture cases, Geriatrics patients etc

EDUCATIONAL QUALIFICATION

B.SC NURSING [POST BASIC] (2011-2013)

Raghavendra College of Nursing Davanagere

Approved by Indian Nursing Council & Karnataka Nursing Council.

DIPLOMA IN NURSING. (2006-2010)

Sri. Siddhartha school of nursing, Tumkur, Karnataka.

Approved by Indian Nursing Council & Karnataka Nursing Council.

REGISTRATION:

Karnataka Nursing Council Reg No: 132319 (DIPLOMA) Karnataka

Nursing Council Reg No: 008968 (PB B.SC)

PERSONNEL DATA

Date of Birth	05-07-1989
Husband's Name	Justin Francis
Sex	Female
Nationality:	Indian
Marital Status:	Married
Languages:	English, Hindi, Malayalam
Passport No	M2552497
UAE Visa Status	Spouse Visa, Valid Till 23/03/2023

REFERENCES

1. Mr. Aji Sankaran
General Manager
Miacasa and Vulcan Group
Ajman, UAE
Ph: +971 502950300
2. Mrs. Thankamma P.J
Nursing Superintendent,
Jehnagir Hospital,
32, Sassoon Road,
Pune-411001.
Ph: 020-26050550

Declaration

I, hereby declare that the above-mentioned particulars are true to the best of my knowledge and belief.

Tintu K George