

# Anjitha Mary PJ

## Objective

- Aspiring a responsible position to put into practice my creativity, humanity to utilize my clinical and educational experience, analytical skills and abilities in the field of physical therapy and rehabilitation that offers professional growth and challenging opportunities while being resourceful, innovative and flexible.
- To be an efficient physiotherapist who is able to rehabilitate the physically, mentally and emotionally challenged patients to their fullest possible extent.

## Education History

- Graduation  
Bachelor's of physiotherapy  
Dr MGR Medical University  
(2018-2023)
- 12th  
Govt.GHSS,Puthenthodu (2018)
- 10th  
Santa Maria Senior secondary  
School, CBSE (2016)

## Experience/Internship

### Physiotherapy Internship

MR Hospital, Thanjavur

- Gynaecology and Obstetrics
- Paediatrics
- Oncology

Meenakshi Multi-speciality Hospital

- Orthopaedics and traumatology
- Cardiopulmonary science

Vinodhagan Memorial Hospital

- Neurology
- Rheumatology
- Geriatrics
- Burns and plastic surgery
- Sports and fitness

Mannai Narayanasamy College of physiotherapy, Thanjavur

- Physiotherapy and Rehabilitation

## Contact Info

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## Relevant Skills

Continuing Education  
Reporting  
Strength Training  
Patient Communication  
Treatment Plans  
Critical thinking

## Language

- English
- Malayalam
- Tamil

## Dissertation

Effect of muscle energy techniques to improve internal rotation range of motion of hip joint in patient with piriformis syndrome.