



GRACE MARY JOHNSON

PHYSIOTHERAPIST

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Kerala, India

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PERSONAL DOSSIER

- DOB: 19- APR -2000
- Marital Status: Single
- Nationality: Indian
- Address : Pallimelathil Grace villa, Vettithitta PO. Alimukku, Kollam district Kerala, India

MEDICAL EXPERTISE

- Exercise Physiology
- Physician Relations
- Physical Education
- Rehabilitation
- Fitness
- Medical Physics
- Physical Therapy

CLINICAL POSTINGS

- Believers Church Medical college Hospital, Thiruvalla
- Indo American Hospital, Chemmanakary, Vaikom
- Holy Ghost Hospital, Muttuchira
- Mercy Hospital, Pothi, Kottayam
- PS Mission Hospital, Maradu

WORKSHOPS & SEMINARS

- 2nd IAP Corporate conference 2022, Trivandrum
- CPR and AED skills

CAREER OVERVIEW

Expert in treating pediatric, adolescent, adult, and geriatric patients with conditions stemming from Neurologic, Cardiovascular, Cardiopulmonary, Orthopedic, Degenerative, Congenital, Oncologic diseases, Sports injuries.

WORK EXPERIENCE

INTERNSHIP (6 MONTHS)

INDO AMERICAN HOSPITAL, CHEMMANAKARY, VAIKOM
July 2022 to September 2023 (2 Months)



Department: Neuro Rehabilitation

- Observe and learn from licensed physiotherapists during patient assessments, treatment sessions, and consultations.
- Assist in preparing treatment areas and equipment for patient sessions.
- Assist in maintaining accurate patient records, including progress notes, treatment plans, and assessments.
- Educate patients on exercise routines and home care instructions as directed by supervising physiotherapists.

MANIPAL HOSPITALS, WHITEFIELD, BENGALURU
May 2022 to June 2023 (2 Months)



Departments: Orthopedic, Neuro, ICU care, Pediatric, OPD, Hyperbaric Oxygen Therapy unit

- Assist with various physiotherapy modalities, such as heat/cold therapy, ultrasound, and electrical stimulation, as instructed.
- Participate in continuing education opportunities and training sessions provided by the internship program.
- Study and understand the medical histories and conditions of patients under supervision.
- Provide support to patients during exercises, stretches, and therapeutic activities.

PROJECTS

Study on level of physical fitness in physiotherapy students

The aim of the study was to develop an awareness in physiotherapy students towards Physical fitness and exercise and to prepare them for the job of a physiotherapist.

LANGUAGES

English	<div style="width: 100%;"></div>
Malayalam	<div style="width: 100%;"></div>
Hindi	<div style="width: 100%;"></div>
Tamil	<div style="width: 100%;"></div>

MY REFERENCES

Professor Sharad K Soman
Principal, BCF college of Physiotherapy,
Vaikom, Kerala, India
Mob: +91 9746713135

DECLARATION

I do hereby declare that all the details mentioned above is correct up to my knowledge, belief and I bear the responsibility for the correctness of the above mentioned particulars.

SAGAR HOSPITALS, BENGALURU

April 2022 (1 Month)



Departments: Orthopedic, Neuro, ICU care, Pediatric, OPD

- Collaborate effectively with other healthcare professionals, such as occupational therapists, nurses, and physicians, to ensure comprehensive patient care.
- Attend workshops, training sessions, and educational opportunities provided by the internship program.
- Seek guidance and mentorship from experienced physiotherapists to enhance clinical skills.
- Communicate effectively with patients, their families, and other healthcare team members.
- Reinforce the importance of proper home care and self-management techniques.

BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL, KERALA

March 2022 (1 Month)



Departments: Orthopedic, Neuro, ICU care, Pediatric, OPD

- Provide support to patients during their therapy sessions, including helping them with exercises, positioning, and mobility exercises.
- Assist patients in using therapeutic equipment and modalities as directed by the supervising physiotherapist.
- Gain insights into the diagnosis and treatment planning process by actively participating in discussions and case reviews.
- Assist in maintaining accurate and up-to-date patient records, including progress notes, treatment plans, and assessments.
- Participate in the administration of modalities such as heat/cold therapy, ultrasound, and electrical stimulation.

PRE INTERNSHIP (1 MONTH)

MUTHOOT MEDICAL CENTER, PATHNAMTHITTA, KERALA

February 2022

ACADEMIC QUALIFICATION

Bachelors of Physiotherapy

BCF college of Physiotherapy, Vaikom
-Kerala University of Health science, 2018 - 2022

Plus Two (12th)

Government boys HSS, Thevally, Kollam | 2016- 2018
-Board of Higher Secondary Education, Kerala- 91%

SSLC (10th)

St.Goretti HSS, Punalur, Kollam | 2016
-Board of Higher Secondary Education, Kerala- 99%