

DR. RINU MARY SAJI

Edayath House
Valayanchirangara P.O
Perumbavoor ,Ernakulam,Kerala
Pin-683556
DOB-04/05/1994
Language Spoken- English,Malayalam,Hindi

TCMC REG- 90963
DMC REG -DMC/R/31551
rinsa.saji@gmail.com
Mob: 9495167186
9971276379

OBJECTIVE

Looking for position of Junior Doctor in a reputed Hospital to learn about new skills and to gain more knowledge to enhance my personal growth as an excellent medical practitioner along with providing exceptional and quality healthcare services to the patients.

EDUCATIONAL DETAILS

1. **MBBS** from Odessa National Medical University, Odessa, Ukraine (2013-2019).
2. Cleared Foreign Medical Graduate Examination in December 2019.
3. Internship from Holy family Hospital(29/05/2020-28/05/2021) ,New Delhi.
4. Cleared PLAB 1,PLAB 2(results awaited)

SKILLS

- Team player with exceptional organizational and communication skills.
- Possess a strong knowledge of various medical procedures including suturing, Foley's catheterization, aseptic wound dressing, Paracentesis.
- Leadership abilities to lead and manage staff in providing patients with quality care.
- Prompt response in medical emergencies to identify and treat life threatening scenarios.
- Good grasp on various medications, their indications and dosages.

EXPERIENCE

JUNE 2023 -JULY 2023

CLINICAL ATTACHMENT (Diabetes and Endocrinology)

Birmingham Heartlands Hospital ,United Kingdom

10/01/2022 - 09/07/2022

JUNIOR RESIDENT DOCTOR IN THE DEPARTMENT OF GENERAL MEDICINE, HOLY FAMILY HOSPITAL,NEW DELHI

- Detailed history taking with particular importance on chronology of events detailed systemic evaluation.
- Performing initial diagnosis, identifying nature and cause of disease, reported and discussed the same with Consultants and Senior doctors.
- Completed Daily rounds on patients and identified any reasons for concern along with detailed progress notes and presenting them to consultants and senior residents.
- Responded to medical emergencies to help stabilize and treat patients in the wards and Semi ICU.
- Had done various procedures including Pleural tapping , paracentesis following strict aseptic precautions.

29/05/2020 - 28/05/2021

INTERNSHIP, HOLY FAMILY HOSPITAL, NEW DELHI

- Monitoring and providing general care to patients in various hospital wards and outpatient departments.
- Coordinated with the clinical team for delivering emergency care to patients suffering from injuries and aggravated medical conditions.
- Performed various medical procedures including suturing catheterization, Ryles tube insertion, aseptic wound dressing, i/v cannula insertion,ABG sampling etc.

- Observed intubation, Chest drain insertions, cardiopulmonary resuscitation and assisted in few of them.
- Assisted in few LSCS procedures and have performed Episiotomy procedure in the Gynaecology department.
- Handled many Covid-19 patients in the wards and in critical care unit.

STRENGTHS

- Excellent theoretical knowledge and communication skills.
- Good knowledge of clinical practices and protocols.
- Can give seminars/Presentations very efficiently.
- Ability to handle different types of patients in critical situations.
- Flexible and adaptable.
- Extremely motivated towards career.

CONTINUING PROFESSIONAL DEVELOPMENT / CERTIFICATE/ AUDIT

I constantly update, develop and enhance my knowledge, skills and attitude to provide better medical care. CPD meetings and certificates in this regard includes:

- Audit July 2023 Birmingham Heartlands Hospital ,UK
- Presentation -July 2023 Birmingham Heartlands Hospital,UK
- CPR Training course at Holy Family Hospital ,New Delhi 2022-27/05/2022
- Clinical Governance and Patient Safety – 26/03/2022
- Changing guidelines for CPR -09/01/2023
- Certificate of Honour to Front line warrior (Covid 19) -10/03/2021

Thank You