

# Haris Palamittam

MBBS

Highly motivated, skilled and dedicated doctor who is passionate about delivering the highest level of quality patient care. Seeking for the post of junior resident where I could deliver my medical knowledge and good patient serving skills in hospitality industry.



✉ harispalamittam@gmail.com

☎ 8921339213

📍 D95 Vinpy nagar, Paravattani, Thrissur, India

## EDUCATION

### Bachelor of Medicine and Bachelor of Surgery

Jubilee Mission Medical College

2016 - 2021

Thrissur, India

### Central board of secondary education (CBSE)

Bharathiya Vidya Bhavan

2014 - 2016

Poochatty, Thrissur, India

Courses

- Schooling 11th and 12th standards

## WORK EXPERIENCE

### Professional internship

Jubilee Mission College

2021 - 2022

Thrissur, India

Achievements/Tasks

- Rotation in all medical and surgical subjects including family medicine and rural health.
- Primary emergency care, patient admission and discharge, ICU care and basic surgical care
- Assisted and performed various procedures

### Resident - Emergency Medicine

Aster Medcity

11/2022 - 06/2023

Kochi, India

Key Responsibilities

- Dealing with acute conditions and offering the appropriate management
- Supported activities across resuscitation, beds, trolleys, minor injuries and pediatric areas

## SKILLS

Good communication skills

Emergency and trauma management skills

Capable of doing medical procedures like IV cannulation, ABG, VBG, Catherisation, Ryles tube

Assisted in CPR, intubation

Suturing skills

Effective time management

Patient counselling

Flexible and adaptable

## CERTIFICATES

American heart association

Basic life support (BLS)

## LANGUAGES

English

Full Professional Proficiency

Malayalam

Full Professional Proficiency

## INTERESTS

Movies

Cricket

Car enthusiast