



DIVYAMOL THANKACHEN

GNM

 1990, March 14

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CURRICULUM VITAE

OBJECTIVE :

Intent to build a career with leading corporate with committed and dedicated people, which will help me to explore myself fully and practice my skills of servicing and caring patients in Emergency without prejudice and be able to update myself with the latest developments in the field of Nursing .I am willing to work as a key player in challenging and creative environment.

SKILLS

- ▶ Assessed patient status (conditions) and notify physicians of clinical charge.
- ▶ Calculate and administer medications.
- ▶ Catheter, IV, and suctioning training.
- ▶ Interact with departments regarding patient care.
- ▶ Maintained sterile fields and application of dressings.
- ▶ Medical terminology and medication administration skills.
- ▶ Operated and maintained monitors of bio-medical equipment's.
- ▶ Performed clinical tasks according to hospital policies.
- ▶ Remain calm and professional during times of critical need.
- ▶ Initiated and maintained IV pumps, tubing, flushes, and IV medications.
- ▶ Administration of drugs, NGT insertion, Catheterization, Suctioning, Collecting blood for specimen
Nebulization, Steam inhalation, surgical dressing
- ▶ Accurately gather information in a systematic manner in order to determine the health-related needs.

EXPERIENCE

Name of the Hospital	Duration	Job Title	Size of Hospital
National Institute of Medical Science Hyderabad	24/06/2011 to 28/05/2012	Staff Nurse	570 bedded
National Institute of Medical Science Jaipur	09/01/2013 to 05/09/2014	Staff Nurse	1000 bedded
Feenix Hospital Navi Mumbai	21/10/2017 to 31/05/2018	Staff Nurse	
Jaslok Hospital and Research Centre, Mumbai	01/06/2021 to 21/11/2022	Staff Nurse	364 bedded
THQH punalur	Since 09/01/2023	Staff Nurse	419 bedded

DUTIES

- ▶ Maintaining a patent Arway, Breathing and Circulation
- ▶ Dispensing of medication and treatment as prescribed by the doctor
- ▶ Monitoring and taking of Vital signs, administering intramuscular injections, Sterile dressings etc
- ▶ Insertion of Ryle's tube, intravenous cannula and catheters
- ▶ Assessment and care of patient during emergency situations
- ▶ Provide psychological support to the patient
- ▶ Administering blood and blood products
- ▶ Attending doctor's rounds
- ▶ Handle all kinds of equipment's in operation theater
- ▶ Provide care based on ethical concept, respect for life, human worth and individuality
- ▶ Health education regarding diet, exercise, medication and follow up
- ▶ Managing tube feeding
- ▶ Assisting the doctors for all types of bed side procedures and daily record keeping and reporting
- ▶ Admission and discharge of patients
- ▶ Clothing and dispatching all type of specimen to the concerned laboratories
- ▶ To prepare the unit for the immediate reception of major and minor
- ▶ Responsible for the initial assessment of patients
- ▶ Planning and implementation of care as per the protocol without direct supervision
- ▶ Ensure provision of high standard of quality service
- ▶ Responsible for advocating and practicing of proper infection control measures act
- ▶ Keep up to date of new developments and treatment modalities of unit
- ▶ Responsible for the routine checking and updating of the emergency medications, general store items and equipment's
- ▶ Ward management and Unit cleaning
- ▶ Safe administration of drugs
- ▶ Knowledge to Identifying drug allergy

CASE EXPERIENCE

Accident & Trauma. Poisoning. COPD Breathlessness
accidents, Spinal surgeries, Head injuries, COPD, Pneumonia. Pleural effusion, Pulmonary embolism
Asthma. Tonsillitis. Pneumothorax, Hepatitis, Liver Failure, Peptic ulcer, gastritis, appendicitis
Hernia. Patients with cancers, Febrile illness, Pediatric clients with different medical and surgical
Angina, Seizure disorders, cerebrovascular conditions, ENT conditions and post op ENT cases. Renal
failure, Renal Calculus, Diabetes Hypertension etc

PROCEDURAL SKILLS

- ▶ Administration of drugs
- ▶ NGT insertion
- ▶ Catheterization
- ▶ Suctioning
- ▶ Collecting blood for specimen
- ▶ NGT feeding
- ▶ Nebulization
- ▶ Steam inhalation
- ▶ Surgical dressing

EQUIPMENT HANDLED

- ▶ Cardiac monitors
- ▶ Pulse oximeters
- ▶ ECG machine
- ▶ Glucometers
- ▶ Infusion and syringe pumps
- ▶ Suction apparatus

ACADEMIC AND PROFESSIONAL QUALIFICATION

- ▶ Diploma in General Nursing and Midwifery from Andhra Pradesh
Nurse & Midwifery Council
- ▶ Higher Secondary education from higher secondary school, Kerala, India on March 2005
- ▶ 10th from board of secondary education Kerala, India, on March 2003

LANGUAGE KNOWN

English, Malayalam, Telugu and Hindi

REFERENCE

Miss.Upagary Magmedas

Nursing Superintendent,
Mediciti Institute of Medical Sciences,
Ghanpur .Medchal.R.R.(Dist) Andhra Pradesh.

Mrs.Shashibala

Nursing Superintendent,
National Institute of Medical Sciences
Shobha Nagar, Delhi Highway, Jaipur.

Dr. Sunil Rathi

Feenix Hospital,
1st floor shyam swastika,
Plot no 4 sector -19, Ulune, Navi ,Mumbai

Dr. Anand Bhabhor

Additional director and consultant
Dept.of critical care medicine
Jaslok Hospital
Mumbai

DECLARATION

I Divyamol Thankachen here by submit this curriculum vitae for your kind consideration & for favorable orders. I assure you sir, if I am selected, I will discharge my duties to the entire satisfaction of my superiors. I declare that the informed furnished above is true and correct to the best of my knowledge & belief.

Divyamol Thankachen