

Fathima N

Pharmacist (B Pharm)

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CAREER OBJECTIVE

My goal is to continually enhance my expertise in drug formulation, quality control, and patient care, with the ultimate objective of positively impacting public health and improving individuals' well-being through pharmacy.

INTERSHIPS

- N. S. MEMORIAL INSTITUTE OF MEDICAL SCIENCES (8th July 2022 – 29th July 2022) Thazhuthala, Kerala.
Gained experience in various aspects of medication management, including prescription processing, dispensing medications, ensuring accurate medication labeling & packaging, and practical knowledge about a hospital pharmacy's daily operations, including workflow management, medication procurement, drug distribution systems, and quality assurance processes. Participated in patient counseling sessions, medication reconciliation, and medication therapy management.

ACADEMICS RECORDS

- (2018- 2023) B.Pharm – Mount Zion College of Pharmaceutical Sciences & Research, Adoor
Percentage = 68.5 Kerala University of Health Science, Kerala
- (2016-2018) Higher Secondary, Biology Science – TKM HSS Karicodu, Kollam, Kerala, INDIA
Percentage = 87%
- (2015-2016) SSLC – TKM HSS Karicodu, Kollam, Kerala, INDIA
Percentage = 91%

ACADEMIC PROJECTS

- IMPACT OF CARDIOVASCULAR DISEASE IN DIABETES MELLITUS.
This project examines the impact of cardiovascular disease on individuals with diabetes mellitus and explores how the treatment with semaglutide effectively manages both conditions, leading to a decrease in the prevalence and progression of diabetes mellitus and cardiovascular disease.
- FORMULATION AND STANDARDIZATION OF VASAKA KARPOORAVALLIYADI LEHA AND CHURNA.
This project aims to formulate and standardize Vasaka-Karpooravalliyadi Leha and Churna, Ayurvedic preparations that have shown promise in managing cough. These formulations, developed using herbs like Adhatoda vasica and Coleus aromaticus, hold potential for the treatment of cough, including those associated with COVID-19.

SKILLS AND INTERESTS

- ❖ Herbal Medicine Knowledge
- ❖ Pharmaceutical Manufacturing
- ❖ Pharmacology and Therapeutics
- ❖ Interest in Integrative Medicine
- ❖ Communication and Documentation
- ❖ Teamwork and Collaboration
- ❖ Attention to Detail

HOBBIES

- Cuisine Exploration
- Cinema Enthusiast
- Crafting or DIY Projects
- Interior decoration
- Travel

PERSONAL DETAILS

Date of birth : 02 April 2001

Languages Known : Malayalam - Mother tongue, English - Intermediate, Tamil - Basic

Permanent Address : Amina manzil, Thattarkonam (PO), Peroor, Kollam- 691005

REFERENCES

1. Dr. Prasanth V. V
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2. Aneesha S
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