

ASWINI MOHAN

Physiotherapist



Personal details

✉ aswinimohan0208@gmail.com

☎ +91 7676623292

🏠 Mohanam, Kalanilayam Compound, Olavakkode, Palakkad 678002

📅 August 2, 2000

🇮🇳 Indian

Languages

English

Malayalam

Tamil

Hindi

Kannada

Interests

Reading

Cooking

Travelling

Gardening

Volunteering

Education

Bachelors of Physiotherapy 2018 – 2023

Shree Devi College of Physiotherapy, Mangalore (Rajiv Gandhi University of Health Sciences), Bangalore

Higher Secondary 2016 – 2018

Ahalia Public School, Palakkad

High School 2016

Indian School, Al Ain, UAE

Profile

Highly motivated recent graduate of Physiotherapy program. Obtained all the necessary skills and knowledge needed to provide high quality care to patients. Well versed with required skills in treating a variety of Musculoskeletal and Neuro conditions through internships and clinical placements. Committed to ensuring positive outcomes for patients and providing them with tools they need to maintain their health and independence. Dedicated and compassionate health care provider and has the ability to work with other professionals to assess a patient's need and devise a suitable plan.

Professional Experience/Internships

Jan 2023 – Feb 2023

Government Lady Goshen Hospital, Mangalore

- Assessed and treated Antenatal and Postnatal patients.
- Advised on maintaining posture and body ergonomics.
- Educated patients on how to improve/prevent conditions.
- Provided respiratory care for patients in Neonatal ICU.

Feb 2023

Shree Devi College OPD, Mangalore

- Treated patients physical problems and conditions.
- Reviewed training programs that encouraged exercise and movements by the use of various techniques.

Mar 2023 – Apr 2023

Indiana Hospital and Heart Institute, Mangalore

- Diagnosed, assessed and treated Neurological and Musculoskeletal conditions.
- Performed tests and measures to identify potential and existing problems.
- Provided high quality care for patients with diversified needs in the ICU department.
- Wrote case notes and reports.

Skills

Leadership and organizational abilities

(Interpersonal and communication skills)

Multitask and respond promptly

(to needs and pressure situations)

Strong Presentation Skills

Good Verbal and Written communication Skills

References

Dr. Vijay P (Principal)

Shree Devi College of Physiotherapy, Mangalore
+91 9448215025

Dr. Sarath C (Vice Principal)

Shree Devi College of Physiotherapy, Mangalore
+91 9886819787

Dr. Spoorthi Rai (Professor)

Shree Devi College of Physiotherapy, Mangalore
+91 8904507152

Apr 2023

Urban Primary Health Center , Jeppu, Mangalore

- Collecting data regarding health status and providing awareness to obtain healthy lifestyle.
- Government Health Survey
- Primary Support

May 2023

Sai Physiotherapy Center, Mangalore

- Obtain patients medical history to ensure reliability.
- Monitored and recorded patient's vital signs.
- Clean treatment areas and set up therapy equipments.

Jun 2023

Old Age Home (Little sisters of Poor), Mangalore

- Providing specialized services to enhance their overall health and well being.
- Performed exercises focusing on mobility, strength and balance.
- Provided personalized exercise programs to improve independence, prevent falls and manage chronic conditions.

Jul 2023

Government Wenlock Hospital, Mangalore

- Department of Orthopaedic and traumatology
- Department of Burns and Surgery
- Department of Neurology and Neurosurgery
- Medical and Surgical ICU
- Outpatient Department

Certificates

Early Mobilization in Critical Care and Diabetes and Cardiovascular Disease

Chest X-Ray Interpretations and Pulmonary Tuberculosis and its Management

Cardiopulmonary Resuscitation

Monitoring in ICU

Mangalore Physiocon (2018 , 2022)

57th Annual IAP conference , Bangalore (2019)