

DR. SONA JOSE

CLINICAL PHARMACIST (PHARM D)

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CAREER OBJECTIVE

Seeking for a responsible position where I can fully utilize my clinical knowledge, willingness to work hard and communication skills for delivering promised work to achieve an excellent experience in the field and to enhance the co-operative objectives of the company.

SKILLS

- Strong leadership skills with an ability to motivate teams.
- Developed expertise in clinical pharmacy skills including providing drug information and monitoring drug therapy
- Analyse things very easily.
- Adapts very easily to a new environment & effective communication skill.
- Comprehensive knowledge of word processing, spreadsheet, database searching, and internet applications.

EDUCATION

- DOCTOR OF PHARMACY (PHARM D)** 2014 – 2019
Studied in Shree Devi college of pharmacy, Mangalore-Karnataka (Rajiv Gandhi University of Health science, Bangalore- Karnataka). Achieved **71%** of marks.
- HIGHER SECONDARY EDUCATION** 2012 – 2013
Studied in Shree Narayana Higher secondary school, Irinjalakuda – Thrissur (Kerala state board). Achieved **79%** of marks.
- SSLC** (Kerala state board) – little flower convent school, Thrissur passed on 2011 with **80%** of marks.

WORK EXPERIENCE

- PHARMACIST** 12/2021 – 01/2023
- METRO MEDICALS | VELLANGALLUR – KERALA**
- Medication dispensing.
 - Ensure Patients safety.
 - Inventory Management.
 - Patient Counselling.
 - Ensuring that the medicines prescribed to patients are suitable.
 - Basic record-keeping and administrative tasks, as required.
 - Checking prescriptions for errors.

CLINICAL PHARMICIST

11/2020 - 11/2021

HAYATH HOSPITAL | CHAVAKKAD – THRISSUR

- Ward round participation with doctors.
- Ip and op prescription auditing.
- ADR and drug interaction monitoring.
- Participate in NABH processing.
- Evaluate adherence (e.g: follow up with patients to make sure they are taking their medications).
- Participates in the management of medical emergencies

CLINICAL PHARMACIST

09/2019 – 06/2020

CO – OPERATIVE HOSPITAL | IRINJALAKUDA, THRISSUR

- Simplify the regimen (eg; adjust the timing, dosage, or frequency of medication to make it easier to follow).
- Import knowledge (eg; distribute written information about the medication and/ or health condition).
- ADR Monitoring.
- Ward round Participation
- Provide communication and trust (eg; Actively listen to the patient).
- Evaluate adherence (eg; Follow up with patients to make sure they are taking their medication).

CLINICAL PHARMACIST INTERNSHIP

08/2018 – 07/2019

YENAPOYA MEDICAL COLLEGE HOSPITAL (INTERNSHIP) | MANGALURU - KARNATAKA

- Ward round participation with doctors and other clinical professionals.
- Prescription auditing.
- Medication history interview.
- Identification of medication errors.
- Drug interaction checking and ADR reporting.
- Drug information service and Patient counselling.
- Drug duplication checking.
- Drug reconciliation and food-drug interactions audit.
- Community medical & blood donation camp participation.

ACADEMIC PROJECT

“Evaluation of polypharmacy, comorbidities and prescribing pattern in geriatric patients at a territory care hospital”

With increasing age, the prevalence of many diseases will increase. Older people are often excluded in trials; hence we often have limited knowledge regarding the efficacy of pharmacotherapy in the elderly. Multiple disease or multimorbidity, commonly seen in geriatrics, inevitably leads to the use of multiple drugs, the condition known as polypharmacy.

The CHARLSON comorbidity index was used in the study to predict the mortality for the patients. Polypharmacy or inappropriate prescriptions were identified using updated 2015 beers criteria.

PUBLICATION

Analysis of comorbidity and mortality rate in geriatric patients using CHARLSON comorbidity index is publication in **international journal of pharmaceutical science review and research** in 2nd issue of volume 57.

REFERENCE

Dr. THRUDEEP SAGAR
Interventional cardiologist
Co-operative hospital
Irinjalakuda
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DECLARATION

I do hereby declare that the above stated particulars are true, complete and correct to the best of my knowledge.

Place : Thrissur

Date :

SONA JOSE