# Dr. NISHMA SALIM



Contact No - +91-9061285865 Email- <u>nichu3971@gmail.com</u> Address – Kottakuzhiyil House, Perunna East P O Changanacherry Kottayam 686102

#### **PROFILE SUMMARY**

A medical graduate (Bachelor of Medicine and Bachelor of Surgery) seeking for an opportunity to join a team of medical professionals to contribute to providing quality health care service to patients and to enhance the Hospital's brand.

# **CAREER OBJECTIVE**

Intend to build a career with a leading medical organization where I can utilize my acquired skills effectively and learn new skills in the pursuit of achieving the institute's goal along with self-improvement.

# **WORK EXPERIENCE:**

# • Internship (CRRI): 22 June 2022 – 26 June 2023

Al Azhar Medical College and Super Specialty Hospital, Ezhalloor, Thodupuzha.

Responsibilities handled as an intern:

- 1. Assisting the senior doctor in daily rounds.
- 2. Diagnosing the disease as per the symptoms.
- 3. Observing and performing the examination of samples for disease diagnose.
- 4. Learning the diagnostic methods and latest equipment.
- 5. Periodically meeting the patients and observing their improvements and making reports.
- 6. In case of emergency giving the basic treatment to the patients.
- 7. Helping other medical staff in performing their duties.
- 8. Managing of patients in COVID-19 wards and ICU.

# HANDS ON TRAINING IN PALLIATIVE CARE FOR DOCTORS DISTRICT HOSPITAL, THODUPUZHA 15<sup>th</sup> September 2022 – 28<sup>th</sup> September 2022

Responsibilities handled during training:

- 1. Working with palliative units during community outreach services.
- 2. Performing wound debridement, dressing and cleaning, catheterizations, lymphoedema care etc. for bedridden patients.
- 3. Effective communication with patients providing adequate consolation and reassurance
- ROTATORY POSTING IN ED AND OTHER DEPARTMENTS DISTRICT HOSPITAL THODUPUZHA
  29<sup>rd</sup> September 2022 – 08<sup>th</sup> November 2022

# **DUTIES AND RESPONSIBILITIES**

- 1. Recognize and give immediate appropriate management of wide range of medical and surgical conditions.
- 2. Treatment of acute and chronic conditions.
- 3. Management of non communicable diseases.
- 4. Management of obstetric and paediatric conditions.
- 5. Casualty case management and triage.
- 6. Management of cases in PHC and CHC setup.

# ACHIEVEMENTS/AWARDS

 $\square$  Won several prizes for extra-curricular competitions at school and college.

#### **EDUCATIONAL QUALIFICATION:**

SL.	COURSE	INSTITUTION	<b>BOARD/UNIVERSITY</b>
1	10 <sup>th</sup> (2013)	Dr. ZHM Bharatiya Vidya Vihar, Changanacherry, Kottayam	CBSE
2	12 <sup>th</sup> (2015)	Dr. ZHM Bharatiya Vidya Vihar, Changanacherry, Kottayam	CBSE
3	MBBS (2016-2023)	Al Azhar Medical College and Super Speciality Hospital, Ezhalloor, Thodupuzha, Kerala	KUHS

#### **SKILL SET**

- Assisted major surgical procedures (hernioplasty, appendectomy, staging laparotomy, thyroidectomy, modified radical mastectomy, total knee replacement etc.)
- Basic surgical skills (suturing, I & D, minor surgical procedures)
- Nasogastric tube insertion
- Urological Foley catheterization
- Collecting ABG samples and analysis
- Assisted ascitic and pleural tapping
- Plain radiograph, ECG and lab reports interpretation
- Assisted lumbar puncture, spinal and general anaesthesia
- Collecting peripheral venous samples and securing IV line
- Conducted and assisted normal vaginal deliveries and neonatal resuscitation
- Management of emergency cases

#### **PERSONAL DATA:**

Gender	: Female
Date of Birth	: 27/03/1997
Nationality	: Indian
Marital Status	: Unmarried
Religion	: Islam
Contact Number	: +91-9061285865
Languages Known	: English, Malayalam, Tamil
Email ID	: nichu3971@gmail.com

#### **DECLARATION:**

I do hereby declare that the above information are true and correct to the best of my knowledge and belief.

**PLACE:** Thodupuzha **DATE:** 

Dr. Nishma Salim