



# SHUHANA S

## RESPIRATORY THERAPIST

### OBJECTIVE

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Caring and passionate RT experienced in assisting patients to overcome breathing difficulties and improve their quality of life despite cardiopulmonary disorders. Bringing professionalism and a focused mind to high pressure situations. Committed to assisting patients in living their best lives through the use of beneficial respiratory therapy programs.

### EDUCATION

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#### BSC RESPIRATORY THERAPY

2019-2023

- Yenepoya School of Allied Health and Sciences  
(Yenepoya deemed to be university)  
Manglore ,Karnataka

#### PRE-UNIVERSITY COURSE

2017-2019

- CMR Higher Secondary School  
Calicut ,Kerala

#### SSLC


2017

- Chattanchal Higher Secondary School  
Kasargod,Kerala


### PROFESSIONAL EXPERIENCE

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Worked as an intern in Yenepoya medical college,Derlakatte,Manglore from september 2022 to till date

 6238967821

 shuhanashafi08@gmail.com

 Madattil house,Palakunnu,  
Kasargod,Kerala

### SKILLS

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- Dedicated
- Able to work long hours
- Passionate towards work
- Hardworking
- Team work skills
- Excellent communication skill

### LANGUAGES

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- English
- Malayalam
- Hindi
- Kannada
- Tamil

## AREAS OF EXPOSURE

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- Medical ICU
- Surgical ICU
- Step down ICU
- PFT
- Bronchoscopy
- Sleep study

## CASES DEALT

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- Respiratory diseases
- Cardiac cases
- Poisoning cases
- Neurological cases
- Road traffic accidents or burns
- Nephrology cases
- Post operative cases

## REFERENCE

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Miss.Nanditha Krishnan  
Assistant Professor  
Department of respiratory  
therapy  
Yenepoya School of Allied Health  
and Science  
Ph:+91 7338328216  
nanditha.k1997@gmail.com

## SKILLS PERFORMED

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- Baseline assessment of patients with history taking, monitoring of vitals.
- Administration of bronchodilators humidified medical gas therapy, postural drainage, percussion, chest vibration and breathing exercise.
- Administration of low flow and high flow oxygen therapy: Use of all oxygen therapy devices, proper handling and care of devices, requirement of oxygen and weaning.
- Endotracheal intubation: assistance, performance and care.
- Tracheostomy: Assisting tracheostomy, tracheostomy care and weaning of tracheostomy.
- Mechanical ventilation: principles and use of different ventilators and calibration.
- Ventilatory modes: selection, initiation, adjustment and weaning
- ABG: Planning, sampling and analysis
- Care of ICD tubes and special airways.
- Performing spirometry,DLCO,PICO and FENO test.
- Use of the pulseoxymeter,Oxygen analyser, defibrillators.
- Initiating a sleep study.
- CXR and ECG interpretation.
- Analysis of ventilator graphics and management of patient ventilator dysynchrony.

## ADDITIONAL ACTIVITIES

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- Completed case study on Acute pulmonary edema.
- Completed project on management of asthma patients.
- Attended 13th National Conference of the Indian Association of Respiratory Care (IARC) held at AJ institute of Medical Sciences, Mangaluru from 15-16th of November 2019.
- Attended 3rd Regional Conference of the Indian Association of Respiratory Care ( IARC), Bangalore Chapter held on 19th june 2022.

## DECLARATION

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I Hereby declare that the information submitted above is true and genuine to the best of my knowledge and interest.