

# BISNA ABDUL KADER

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Address: Thuluthottayil House, Punnayurkulam P.O, Thrissur, Kerala.

Nationality: Indian

Driving License: Indian

Date of Birth: 27 November 1996

## SYNOPSIS AND OBJECTIVE

As a **Master of Public Health** graduate and passionate advocate for public health, I am eager to contribute my skills and knowledge to an organization that prioritizes supporting health systems and management. With a background in **Emergency Medical Technology** and one year of clinical internship, I am well-equipped to serve as a dedicated member of emergency response teams. I remain calm and composed in high-pressure situations, delivering fast and efficient care during medical emergencies and other crises. I am committed to utilizing my skills and expertise to make a meaningful impact in the field of public health. Seeking a suitable position at any level in a progressive employer where I can utilize my skills to achieve institution's strategic objectives and goals.

## ACADEMIC QUALIFICATION

DEGREE	BOARD OF EXAMINATION	YEAR OF PASSING	PERCENTAGE/CGPA
Master of Public Health	SRM Institute of Science and Technology	2021-2023	9.3
Bachelor of Science Emergency Medical Technology	Amrita Vishwa Vidyapeetham University	2019	78%

## INTERNSHIP AND TRAININGS



Internship done at the Directorate of Health Services in Trivandrum, Kerala, I had the opportunity to work in various divisions under DHS.



Attended Disaster Management training program sponsored by British Council at Teesside University, UK, acquiring essential skills and knowledge to effectively respond to

## EDUCATION

### Masters in Public Health

SRM Institute of Science and Technology, Chennai

### PROFESSIONAL SKILLS

- Research Abilities
- Relationship Building
- Data Collection and Management
- SPSS
- Microsoft Office
- Inpatient and Outpatient Management
- Communicable and Non-communicable disease knowledge
- Monitoring and Evaluation
- Risk Assessment
- Quality Management



## ACADEMIC SKILLS

- AHA certified ACLS provider.
- Good experience in teaching
- Taken classes for BSc. Emergency Medical students, Medical interns, Government sectors and in Public about Basic life support and first aids
- Experienced as faculty in workshops and conferences
- Leadership skills

## PERSONAL SKILLS

- Good time management and communication skills.
- Teamwork and collaboration
- Problem – solving skills
- Critical Thinking
- Attention to details
- Adaptability and Flexibility
- Well experienced and comfortable using modern medical equipments.
- Ability to work in group as well as individually.
- Hard working and sincere

## WORK EXPERIENCE

### EMERGENCY MEDICAL TECHNICIAN

Clinical internship | August 2018 – August 2019

Clinical experience | September 2019 – May 2020

Amrita Institute of Medical Sciences, Kochi



Clinical internship one year and clinical experience eight months in emergency department at Amrita Institute of Medical Sciences, Kochi

### POSTER PRESENTATION

- **Artistic poster on motherhood and Mensuration (Best Poster – MHM India Summit-2022)**
- **Non-invasive positive pressure ventilation in acute respiratory failure- predictors of outcome**

### THESIS

- **To study the etiology of in- hospital cardiac arrest in a tertiary care hospital**
- **Digital health literacy and university students' health-seeking behaviors in relation to the prevention of non-communicable diseases: a cross-sectional study**

### PROTOCOL PRESENTATION

- **Breathlessness**

### ARTICLE PUBLICATION

**Article Type** – Amrita Journal of Medicine

**Article Title-** To Study the Etiology of in – Hospital Cardiac Arrest in a Tertiary Care Hospital.

**DOI-** [www.amritahospitals.org](http://www.amritahospitals.org)

**Journal of medicine volume 14 No 2 April- June 2018**

**Article Type** – Amrita Journal of Medicine

**Article Title-** Adherence to ATLS Protocol for Primary Survey

**DOI-** [www.amritahospitals.org](http://www.amritahospitals.org)

**Journal of medicine volume 15 No 2 April- June 2019**

### CONTRIBUTION FOR BOOK PUBLICATION

- **Advanced Emergency Life Support Protocols**
- **Amrita Raksha Kavacham**

### ACHIEVEMENTS

- Conceptualized and developed a STEMI project proposal aimed at improving cardiac emergency care in Kerala. The proposal included a comprehensive plan for timely and effective diagnosis, treatment, and follow-up care for patients with ST-elevation myocardial infarction (STEMI).
- Gained hands-on experience in administrative tasks such as documentation, report-making, and data analysis. Made significant contributions to the efficient functioning of the organization through effective coordination and communication with team members.
- Acquired hands-on experience in different departments of the health system, including

## LINGUISTIC ABILITIES

- English | Malayalam  
| Tamil | Hindi

Public Health, Family Welfare, TB Centre, and AIDS Control Centre. Through this experience, I gained valuable insight into the operations of these departments and their contribution to the overall health system.

- Leveraged comprehensive knowledge of emergency medicine to assess, treat, stabilize and transport seriously ill or injured patients to area hospitals and trauma centers.

## CONFERENCES & WORKSHOPS ATTENDED

- e-training program on “occupational health safety in disaster risk management” Organized by national institute of disaster management, ministry of home affairs, govt. Of India during 08- 10 December, 2021.
- 1<sup>st</sup> Annual National Paramedics Conference at KG Hospital and Post Graduated Medical Institute, Coimbatore on 27<sup>th</sup> & 28<sup>th</sup> January, 2017.
- Indian Association of Respiratory Care (IARC) The 11<sup>th</sup> National Conference of The Indian Association of Respiratory Care “ResCare’ 17” held on 6,7,8 October 2017 At IMA House, Kochi, Kerala, India.
- National Level Emergency Medicine Conference– EM Genesis held on 18<sup>th</sup> & 19<sup>th</sup> December 2017 at MOSC Medical College Hospital, Kolenchery, Ernakulam, Kerala, India.
- “AHA Hands Only CPR Training” at CIAL Convention Centre, Nedumbassery, Kochi on 16.11.2019 during “Guinness World Records” and “Best of India Records”, organized jointly by Indian Medical Association Cochin, Angels International Foundation & District Legal Services Authority in association with Ernakulam District Administration.

## REFERENCES

Provided at once on question with supporting documents

## DECLARATION

I hereby declare that all the details furnished above are true to the best of my knowledge and belief.

**BISNA ABDUL KADER**

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