

# ANSU JO GEORGE



## PHYSIOTHERAPIST

A highly motivated, confident individual with exceptional multi-tasking and organizational skills. Able to communicate effectively and sensitively with patients and carers. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution.

## WORK EXPERIENCE

- Working as Consultant Physiotherapist with MAX Neuro Hospital (NABH) approved, Kasarwadi, Pune for the past 1 year and 1 month.
- Worked as a Physiotherapist Trainee in Polaris Health Care, Pune.
- Worked as a Physiotherapist for 2 months with Medi Health Physiotherapy Center, Parakode, Kerala.

## Internships

- Govt Wenlock Hospital, Mangalore
- Indiana Hospital and Heart Institute
- (NABH) approved, Mangalore
- SDCPT OPD Mangalore
- Old age little's sister of poor Mangalore
- Sai Physiotherapy Clinic, Mangalore

Provide rehabilitation for both out patients and inpatients for orthopedics, Neurology and Neurosurgery. Cardiothoracic, Community based Rehabilitation Departments.

## Duties & Roles

- Providing physiotherapy assessment and treatment to both inpatient and outpatients by improving physical strength, cognition, mobility and quality of life in patients.
- Ensuring that equipment used in carrying out physiotherapy duties is safe. Involved in ward rounds. Meetings and case discussions.
- Assisting patients recovering from a wide range of accidents (fall or car accidents resulting in back, neck, limb or joint conditions).
- Handling ICU, OPD, Neuro cases & IPD patients.
- Supporting patients recovering from Post surgery issues, infract related surgery, head injury, brain related surgery & ortho related IP cases.
- Involved in a patient's pre-admission and follow-up care.
- Functional movement training, that includes the use of mobility Equipment such as crutches, walkers and wheel chairs.
- Prioritizing urgent referrals and emergency cases.
- Assessing and measuring patient's capability in both Pre and Post Operation states.
- Responsible for Managing a clinical case load.
- Providing physiotherapy assessment and treatment to the highest standard.

## PERSONAL DETAILS

**Dob:** 10/02/1998

**Sex:** Female

**Blood Group:** A+ve

**Father's Name:** Mr. Thomas George

**Mother's Name:** Mrs. Jomol George

**Phone:** +91 8301078892

+91 7972195634

**Email:** ansu.jo.george.1998@gmail.com

**Address:** Sanctum Villa,

Kaumudy Nagar -10

Pallithottam P.O.

Kollam 691006 Kerala

**Languages:** English, Malayalam,

Hindi, Kannada, Tamil

## PERSONAL SKILLS

Professional Mannerisms

Multitasking

Physical Evaluations

## ACADEMIC QUALIFICATIONS

### Bachelor of Physiotherapy

2016-2021

Shreedevi College of Physiotherapy

Mangalore, Karnataka

### Higher Secondary Education

Holy Angle's E.M.H.S.S Adoor

Pathanamthitta, Kerala

### High School Education

Nicholson Syrian Girls Higher

Secondary School, Thiruvalla, Kerala

## REFERENCE

### **Dr. Umesh Phalke**

Consultant Neuro Surgeon  
Max Neuro Hospital, Kasarwadi, Pune  
Phone : +91 9850001155  
Email: umeshphalkens@gmail.com

### **Dr Vijay Samuel**

Principal  
Shreedevi College of Physiotherapy  
Mangalore  
Phone: 91 9448205025  
Email: vijaypt72@gmail.com

## KEY SKILLS AND COMPETENCIES

- Experienced in using different rehabilitation techniques and equipment.
- Ability to work with patients with a variety of diagnoses and needs.
- Experienced with written and verbal discharge/onward referral procedures.
- Having a caring attitude when supporting patients during therapy sessions.
- Showing tolerance and patience when dealing with patients, relatives and carers.
- Excellent ability to demonstrate different methods, actions and positions.
- In-depth knowledge of ICT programs and confidentiality policies.

## CONTINUOUS PROFESSIONAL DEVELOPMENT

- International Mangalore Physiocon, 2017 (Yenepoya University).
- IAP Conference 2018, Mangalore (Town Hall)
- Preconference- Fitness and Sports Medicine, 2018
- 57<sup>th</sup> Annual Conference of Indian Association of Physiotherapist, Bangalore, 2021.
- National Physiotherapy Conference, 2019 (AJ Institute of Medical Science).
- International Mangalore Physiocon 2022 (TMA Pai International Convention Centre).

## PROFESSIONAL QUALIFICATION

BPT 1<sup>st</sup> Year

BPT 2<sup>nd</sup> Year

BPT 3<sup>rd</sup> Year

BPT 4<sup>th</sup> Year

## DECLARATION

It is certified that above information are true to the best of my knowledge.

**ANSU JO GEORGE**