

# SANDRA PHILIP

#### Q

Cherkonil house , velloor po pampady, Kottayam Pin :686501

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# 🛷 Skills

Ability to rapidly build relationship and set up trust.

Confident and Determined

Ability to cope up with different situations.

Time management

Calm personality

Decision making

Good manners

### Interests

Music

# Reference

Priya Accal Thomas - School of medical education Kottayam Head of physiotherapy ptgnr@cpas.ac.in

### 🔯 Languages

English (reading, writing, speaking) Malayalam (reading, writing, speaking)

Hindi (Reading, speaking)

# Objective

I consider myself a responsible and orderly person. I am looking forward for my first professional career. To work in a firm with a professional work driven environment where I can utilize and apply my knowledge, skills which would enable me as a fresh graduate to grow while fulfilling organizational goals.

# 💼 Experience

Ç	INTERNSHIP	06/03/2023
	As the part of internship program I had worked	-
	under PMR department in the Aster medcity in	30/09/2023
	various field mentioned below	

- Neurology department
- Orthopedics department
- Obstetrics and gynecology
- Paediatrics
- Nephrology
- Cardiology
- NMICU
- NSICU
- SICU
- MICU
- OPD
- TICU

#### POSTING

As a part of the academic programmes I had done posting under various hospitals mentioned below:

- General Hospital Pala, Kottayam (3 months)
- Belivers Church medical collage hospital, Thiruvalla (1 month)
- General Hospital Kottayam (1 month)

#### COMMUNITY POSTING

As a part of the academic programmes I had done community posting in two charitable homes mentioned below:

- Navajeevan Trust, Villoonni, Kottayam
- Abhaya Bhavan, Arpookkara, Kottayam

#### Education

School of medical education. Gandhinagar KottayamBachelor of physiotherapy2018-202361.5%Crossroads Higher secondary school pampady ( Board of secondary education)2018Plus two80.5%Crossroads Higher secondary school pampady (Board of public examination Kerala2016SSLC73%2016

### Projects

Final year project

Prevalence of lowback pain in two wheeler rider among college going students (survey study)

#### Internship project

Upper cross syndrome

# + Additional Information

Extra Courses

- Basic dry-needling course by International Institute of healing science
  - Musculoskeletal and sports Taping by International Institute of healing science
- MS Office, GTec Computer Education Pampady