

SNEHA ALEX [P.B.Bsc NURSE]

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Kannur, Kerala,
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Post Applied For: Staff Nurse

Objective	To have international cultural exposure and hands on experience in the field of hospital management to seeking an entry-level critical care nursing management to utilize my knowledge and skill to provide quality nursing care for the patient.				
	Academic Qualification	COURSE	PERIOD	INSTITUTION	BOARD/ UNIVERSITY
		Post Basic B.sc Nursing	2018-2020	Yenepoya Nursing College Hospital Karnataka,India	Yenepoya Deemed to be University
		General Nursing and midwifery	2014-2018	Christhuraj School of Nursing,Kannur. India	Kerala Nursing Council
Work Experience	Higher secondary	2012-2014	Govt.Higher Secondary School Prapoyil	Kerala state	
	10th	March 2011	St.Joseph Higher Secondary School Cherupuzha	Kerala state	
	Institution	Designation	Department	Year	
Work Experience	Yenepoya Medical College Hospital, Mangalore	Staff Nurse	Operation Theater, Covid ICU	November 2020 to October 2021	
	Aster-MIMS, Kannur	Staff Nurse	Operation Theater	January 2022 to Present	

Duties Includes

- ❖ Receiving patients and providing the bed and comfortable position.
- ❖ Orientation for patients relatives about the hospital and its functioning.
- ❖ Maintaining interpersonal relationship with patients, relatives, doctor and other hospital staff.
- ❖ Providing a calm and quiet environment to the patient and carrying out the doctors order.
- ❖ Maintain all aseptic techniques and following barrier nursing.
- ❖ Following universal precautions
- ❖ Assist the patient to perform self care activity and self care ambulation.
- ❖ Observing the complication and reporting it, in case of post operative cases.
- ❖ Receiving the patients to preoperative area and preparing for surgery.
- ❖ Assess the physical psychological and spiritual needs of the patient.
- ❖ Monitoring the vital signs frequently according to the condition and maintaining intake and output chart to know fluid balance in the body.
- ❖ Maintaining all medical records and reports of the patient.
- ❖ Handling different types of life threatening emergency situation
- ❖ Conducting Electrocardiogram
- ❖ Care of patients in ventilator.

Roles And Responsibilities

- ❖ Reporting duty on correct time
- ❖ Assessment planning, implementation and evaluation of the nursing care requirements of their allotted patient
- ❖ Organizing and management of nursing care
- ❖ Efficient recording of all necessary documentation.
- ❖ Timely identification and communication of any issues to maintain an affective interdisciplinary communication process
- ❖ Share professional knowledge and skills with all colleagues
- ❖ Maintain the core values of profession
- ❖ Attend all mandatory education sessions
- ❖ Checking inventory and working condition of equipments
- ❖ Reporting and recording
- ❖ provide health education

**Equipments And
Machines
Familiar To
Handle**

- ❖ Sphygmomanometer
- ❖ Pulse Oxymeter
- ❖ Glucometer
- ❖ Nebulizer
- ❖ Oxygen Cylinder
- ❖ Oxygen Flow Meter
- ❖ Blood Warmer
- ❖ Suction Apparatus
- ❖ Cardiac Monitor
- ❖ Syringe Pump
- ❖ Infusion Pump
- ❖ ECG Machine
- ❖ Laryngoscope
- ❖ Bipap Machine
- ❖ Ambu Bag
- ❖ Defibrillator

**Registration
Details**

Registration : Kerala Nurses and Midwives
Council Registration Number : KL01201802129
Category: Registered Nurse. Issued
on :26/12/2022

Personal Details

Father's name : Thankachan P C
Mother's name: Molly Alex
Marital status : Married
Date of birth: 05/09/1996
Sex : Female
Religion : Christian R C
Nationality : Indian

Passport Details

Passport number : U9775366
Date of issue : 22/03/2021
Date of expiry : 21/03/2031
Place of issue : Kozhikode

**Languages
Known**

English, Malayalam, Kannada, Hindi

Personal Interests

Listening music,dancing, reading books, drawing and cooking.

Declaration

Eagerly looking forward to an opportunity, to meet up with you to discuss my qualifications in greater detail. Many thanks in advance for your consideration. Thanking you in anticipation.

Sneha Alex
Place: Kannur
Date: 04/06/2023