



# Keerti Anna Karun

## CONTACT

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## SKILLS

- Ethical decision-making
- Patient-centred care
- Adult acute and critical care
- Infection Prevention and Control
- Medication administration
- Admission procedures
- Phlebotomy
- Catheterisation
- Complex medical care
- Mobility assistance
- Patient health education
- Acute care expertise
- Discharge procedures
- Analgesia control
- Exceptional communicator
- Outstanding patient care
- Clinical understanding
- Caseload management
- Patient record management
- Patient interventions
- Medication storage and disposal
- Public Health education
- Pre- and post-operation care
- Routine investigations
- Data confidentiality
- First-class patient care

## PROFESSIONAL SUMMARY

Customer-oriented Staff Nurse with strong history of leading high-performance teams to meet or exceed objectives. Dedicated and hardworking with internal drive to deliver excellence. Tactical team builder with strong background in training and team development.

Experienced Staff Nurse of 10 years, specialising in Emergency care. Ensuring kind, safe and effective treatment of patients with all critical and non critical conditions, consistently working in line with hospital guidelines. Accident and emergency area certificate registered.

## WORK HISTORY

### Staff Nurse

07/2013 - Current

**Ministry of health** - Najran, Saudi Arabia

- Administered medication with meticulous attention to detail.
- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.
- Implemented and updated treatment plans in collaboration with doctors.
- Managed high-volume caseloads of up to 200 patients per shift.
- Improved service delivery by demonstrating clinical leadership and best practices.
- Delivered life support with updated first aid and CPR training.
- Thoroughly disinfected and correctly stored hospital equipment to safeguard health of staff and maintain order within ward.
- Delivered consistently high standards of individualised nursing care, best maintaining patients' health and wellbeing.
- Safely operated hoists, wheelchairs and transfer equipment to securely manoeuvre patients.
- Assessed, planned and implemented treatments with precision and care, prioritising patient wellbeing.
- Provided first-class care across various wards and units for patients with complex medical needs.
- Analysed symptoms to effectively diagnose and treat patients.
- Prepared patients for surgery by following strict hygiene and fasting procedures.
- Assessed and evaluated patient needs, supporting accurate diagnosis and care planning.
- Administered medication in line with stringent drug regulations.
- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Administered oxygen and medication to achieve optimum health outcomes.
- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Established positive rapport with patients and families through active

listening and compassionate care.

- Liaised with senior physicians to plan timely, successful patient discharges.
- Disposed of samples and hazardous waste to prevent infection.
- Delivered exceptional care to boost patient health outcomes.
- Collected [Type] samples and prepared them for lab analysis.
- Mentored student and junior nurses, building confidence and competence to ensure outstanding patient provisions.
- Built caring, compassionate relationships with patients, providing emotional support and encouragement during complex surgeries.
- Maintained accurate, up-to-date patient records, maximising data accuracy.

**Staff Nurse**

12/2009 - 06/2013

**Kasturba Hospital, BHEL, Bhopal** - Bhopal, India

Nursing Assistant

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## EDUCATION

**B.sc Nurse:** Bachelor of Nursing , 12/2009

**Kasturba College of Nursing ,Barkatullah University** – Bhopal, India

- Graduate with [Degree]

**Secondary (12th):** Higher Secondary , 03/2005

**SCS Higher Secondary School** – Thiruvalla, Pathanamthitta (Dist), Kerala, India

**High school (10th):** High school , 03/2003

**S.C.S Higher Secondary School** – Thiruvalla, Pathanamthitta, Kerala, , India

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## CERTIFICATIONS

- Certified Nurse-Midwife