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Anabel Paul

Koratty, Thrissur, Kerala

PERSONAL DOSSIER

- Date of Birth: 26.07.1999
- Gender: Female
- Permanent address: Chakkalakkal House, South Angadi, Koratty PO, Thrissur- 680308, Kerala, India
- Nationality: Indian

AREAS OF EXPERTISE

- Physical Medicine & Rehabilitation IN & OUT patient unit
- Neuro, Ortho, Cardio & Pulmonary Rehabilitation
- Intensive Care Unit
- Sports Rehabilitation
- Obstetrics, Gynecology & Women's Health
- Geriatrics & Community Rehabilitation
- **Handling multinational patients**

LANGUAGES

- English
- Malayalam
- Hindi
- Arabic

ANABEL PAUL

PHYSIOTHERAPIST

PROFILE SUMMARY

A graduate Physiotherapist who is well versed in a broad range of Physiotherapy techniques, treatments and modalities for restoring function, mitigating disability and alleviating pain. Ready and qualified to build a successful career and looking forward to make a significant contribution as a healthcare professional.

ACADEMIC CREDENTIALS

2023 Bachelor of Physiotherapy (BPT)

- Kerala University of Health Sciences (KUHS)
- Little Flower Institute of Medical Sciences and Research, Ernakulam, Kerala, India

2017 Higher Secondary School

- Directorate of Higher Secondary Education, Kerala
- St. Joseph's EMHSS, Thrissur, Kerala, India

2015 High School

- Central Board of Secondary Education, India
- GEMS Our Own English High School, Dubai, UAE

INTERNSHIP AND TRAINING

- **NMC Royal Hospital, Sharjah, UAE**
- Little Flower Hospital and Research Centre, Angamaly, Kerala
- VPS Lakeshore Hospital, Kochi, Kerala, India
- Jubilee Mission Medical College Hospital and Research Institute, Thrissur, Kerala, India

CONFERENCES

- Physiotherapy Conference- Qinetics 2018 organized by LIMSAR, Ernakulam, India
- Symposium on Physiotherapy Update in Criticare organized by MTIMS, Ernakulam, India
- National Seminar on Disability and Rehabilitation: A Socio Educational Approach organized by Rehabilitation Council of India
- National Physiotherapy Conference- Confluence 2019 organized by Laxmi Memorial College of Physiotherapy, Mangaluru, India
- Physiotherapy and COVID 19 – Webinar organized by LIMSAR, Ernakulam, India