

CONSULTANT ORTHOPEDIC SURGEON

Jacob

#### **Details**

Kannamala Cottage, Puthusserry South PO

Tiruvalla, 689602

India

+919207366007

drmkj.ortho@gmail.com

DATE OF BIRTH

10/08/1989

#### Links

Linkedin

#### **Hobbies**

Football, Reading, Travelling

## Languages

English

Hindi

Malayalam

Tamil

## **Profile**

Passionate Surgeon with experience in the field of Orthopedics and training from one of the top medical colleges in the country. Updated on the latest techniques and technologies in the field. Compassionate doctor who always considers my patients' needs and comfort levels during diagnosis and treatment, and works to ensure they have the best possible experience. Trained in properly diagnosing and strategizing for the best patient treatment plans. Empathetic and professional attitude, committed to providing patients with the best care possible. Experienced in counseling patients on preventative care and positive lifestyle changes. A strong leader who works well under pressure and with other medical professionals.

# **Employment History**

# Consultant Orthopedic Surgeon, Tiruvalla Medical Mission Hospital, Tiruvalla

NOVEMBER 2020 - PRESENT

- · Part of the Orthopedic Team.
- Managing and Operating cases Independently and also assisting Senior Consultants in Operation Theater.

## Post Graduate Resident, Christian Medical College and Hospital, Vellore

APRIL 2017 - MARCH 2020

- Attended patients with acute to chronic orthopedic issues in outpatient clinics and wards
- Performed and Assisted Major Orthopedic Surgeries. Management of various Fractures, Dislocations, Tendon Repairs, management of poly trauma patients done independently and under guidance.
- Was posted in various orthopedic speciality units with exposure to state-of-the-art modalities of care.
- Worked with a multi-disciplinary team to provide better care for patients.

# Junior Resident , Malankara Orthodox Syrian Church Medical College, Kolencherry, Kochi

NOVEMBER 2016 - MARCH 2017

 Was Part of a team of doctors who were instrumental in setting up the department.

## Resident Medical Officer, Fellowship Mission Hospital, Kumbanad

NOVEMBER 2014 - OCTOBER 2016

Served in Various departments of the hospital.

- 1. Department of Orthopedics
- 2. Department of Internal Medicine
- 3. Department of General Surgery
- 4. Department of Pediatrics
- 5. Department of Emergency Medicine
- 6. Alexander Marthoma Memorial Geriatric Centre
- 7. Blood Bank
  - 1. Served as Medical Officer (1/03/2016 31/10/2016).
  - 2. Served as Additional Medical Officer (1/11/2014 29/02/2016).

# **Internships**

Medical Intern, Christian Medical College and Hospital, Vellore

OCTOBER 2013 - OCTOBER 2014

## Education

MS Orthopedics, Christian Medical College and Hospital, Vellore
APRIL 2017 – MARCH 2020

MBBS, Christian Medical College and Hospital, Vellore

JULY 2008 - OCTOBER 2013

#### Courses

Early Management of Trauma Course, Christian Medical College and Hospital, Vellore

AUGUST 2017

Current Concepts in Osteosynthesis -Advanced, Christian Medical College and Hospital, Vellore

JULY 2018

Masterclass in Rheumatology, Jupiter Hospital and QUEXST Healthcare

APRIL 2022 – JULY 2022

Palakkad Deformity Course, K. V. Vaidyalingam Memorial Trust & Palakkad Orthopaedic Club

SEPTEMBER 2022 - SEPTEMBER 2022

Leicester Shoulder Trauma Course, Shoulder and Elbow Society of India

Foot and Ankle Basic Course, Indian Foot and Ankle Society - IFAS

DECEMBER 2022 - DECEMBER 2022

Current Concepts in Osteosynthesis - Basic, Christian Medical College and Hospital, Vellore

JULY 2017

### **CME**

Research Methodology and Biostatistics: How to do a Good Dissertation & Publish, Chennai

FEBRUARY 2018

Conducted by The Tamil Nadu MGR Medical University ( 14/02/2018 to 16/02/2018)

Soft Tissue Sarcoma Conference, Vellore

JUNE 2018

Conducted by department of general surgery, Christian Medical College and Hospital, Vellore (22/06/2018 to 23/06/2018)

CME & PG Instructional Course in Orthopedics, Bengaluru

AUGUST 2019

Conducted by Department of Orthopedics, St. Johns Medical College and Hospital, Bengaluru (30/08/2019 to 31/08/2019)

Advances in Paediatric Orthopedics, Vellore

JANUARY 2020

Conducted by Department of Paediatric Orthopedics, Christian Medical College and Hospital, Vellore (25/01/2020)

The 53rd Annual Conference of Tamilnadu Orthopedic Association, Vellore

FEBRUARY 2020

Conducted by Tamilnadu Orthopedic Association (07/02/2020 - 09/02/2020)

## THE SHOULDER KEY BASICS, Kottayam

JULY 2022

Organized by Madhya Kerala Orthopaedic Club on 10th July

#### Ranawat Orthopaedic Conference 2023, Mumbai

JANUARY 2023 - JANUARY 2023

19th Winter Meeting Advances and Techniques in Joint Replacement Surgery, Arthroscopy and Spine

19th to 21st January 2023

## 42nd Annual Conference of Kerala Orthopaedic Association, Alleppey

FEBRUARY 2023 - FEBRUARY 2023

3rd to 5th January as a delegate

## 1st Annual Conference of IAOS, Kochi

MARCH 2023 - MARCH 2023

As a delegate from March 24th to 26th

#### Knee Revisited 2023, Kcohi

APRIL 2023 - APRIL 2023

Participated as a delegate from 15th - 16th April 2023. Conducted By Lourdes Hospital.

## References

# **Dr. Sherry Varghese from Tiruvalla Medical Mission Hospital** drsherryv@gmail.com | +919447207191

Dr. Anil Thomas Oommen from Christian Medical College and Hospital lillyanil@cmcvellore.ac.in | +919443800559

## Area Of Interest

## Interested in Following Areas of Orthopaedic Surgery

- Orthopedic Trauma Surgeries
- · Geriatric Orthopedics
- · Acute and Chronic Orthopedic Infections
- Hand and Wrist Surgeries
- · Foot and Ankle Surgeries
- Orthopedic Rheumatology and Arthroplasty
- Sports Medicine and Regenerative Orthopedics

# **Memberships**

# Indian Medical Association, New Delhi

NOVEMBER 2021 - PRESENT

Life Member KRL/26712/38/301/269648/2021-22/CL

### Indian Orthopedic Association, New Delhi

DECEMBER 2021 – PRESENT Life Member: LM13675

### Tamil Nadu Orthopaedic Association, Chennai

MARCH 2022 - PRESENT Life Member: LM/M/196

# Société Internationale de Chirurgie Orthopédique et de Traumatologie, Brussels

APRIL 2022 – APRIL 2024 Member ID :44871

# International Society for Knowledge for Surgeons on Arthroscopy and Arthroplasty, New Delhi

OCTOBER 2022 – PRESENT Life Member: LM2118

# AO (Arbeitsgemeinschaft für Osteosynthesefragen) Trauma, Davos, Switzerland

DECEMBER 2022 – DECEMBER 2024

Member Number: 100303145

### Indian Foot And Ankle Society, New Delhi

FEBRUARY 2023 – PRESENT Life Member: LM946

## Indian Society for Surgery of the Hand, Chennai

JANUARY 2023 - PRESENT

## Kerala Orthopaedic Association, Kochi

FEBRUARY 2023 – PRESENT Life Member: 1570

# Indian Arthroscopy Society, Mumbai

FEBRUARY 2023 - PRESENT Life Membership No: LM-3390

### Indian Academy of Orthopaedic Surgeons, Chennai

APRIL 2023 - PRESENT Life Member: LM 01610

## **Publications**

Functional and clinical outcome with modified lateral approach total hip arthroplasty in stiff hips with ankylosing spondylitis

World J Orthop. 2022 Aug 18; 13(8): 714-724.

Published online 2022 Aug 18. doi: 10.5312/wjo.v13.i8.714

PMCID: PMC9453278

PMID: 36159621