APPLYING FOR THE POST OF SENIOR RESIDENT IN GENERAL SURGERY

Curriculum Vitae



Dr. Sony Saju

MBBS, MS (General Surgery)

Onattu (H), Perumballoor P.O, Muvattupuzha, Ernakulam. PIN: 686673

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Summary:

Patient-focused Surgeon with 3 years of residency experience in general surgery. Efficient at diagnosing and treating various surgical diseases and talented at developing effective treatment plans. Organized and dependable candidate ambitious to excel in his surgical career as well as research.

Academic Qualifications:

- MS General Surgery from Rabindra Nath Tagore Government Medical College, Udaipur,
 Rajasthan under Rajasthan University of Health Sciences in August 2023.
- MBBS from Jubilee Mission Medical College and Research Institute, Thrissur, Kerala in July 2018, with first class.

Skills:

- Diagnosis and appropriate management of general surgical conditions.
- Laparoscopic and Ureteroscopic procedures.
- Accurate patient evaluation, data collection, chart updation,
- Updated on recent developments in surgery and newer treatment modalities.
- Interested in doing research.

Academic excellence:

- Completed MS General Surgery in August 2023.
- Joined Rabindra Nath Tagore Government Medical College, Udaipur for MS General Surgery under All India merit rank 8024.
- Completed MBBS in 2018 with first class (67%).
- Joined Jubilee Mission Medical College and Research Institute, Kerala under state merit with All Kerala Entrance examination rank 2626 in first attempt.
- 98.7% in Higher Secondary Examination 2012.
- Best Outgoing Student among Higher Secondary batch of NHSS, Muvattupuzha, 2012.
- Best Outgoing Boy among SSLC batch of NHSS, Muvattupuzha, 2010.

Professional experience summary:

- Junior resident, Department of General Surgery, Rabindra Nath Tagore Government Medical College, Udaipur, Rajasthan (July 2020- June 2023).
- Consulted over 5000 patients visiting the out- patient department, with varied surgical problems requiring management, referred from various hospitals across the state.
- Managed the in-patients (60 bedded surgical ward) under the guidance of senior faculties.
- Confident in managing **Surgical emergency** cases of the hospital on duty days.
- Effective management of patients during rotational postings in Surgical ICU, Burns, Plastic Surgery, Paediatric Surgery, Urology, Neuro Surgery, CTVS departments.
- Actively involved in patient care during Covid-19 pandemic period.

Academic activities:

- Actively participated in academic activities, which include presentation of seminars, critical review of journals, case presentations and discussions.
- Kept updated on current research in the field of surgery and carried out various studies and analysis based on data collected from patients attending the department.
- Keenly observed and followed the advice of senior faculties, the skills gained thereof helped to manage in-patients better.

- Actively involved in teaching undergraduates and juniors.
- Intern, Jubilee Mission Medical College and Research Institute, Thrissur, Kerala
 (Aug 2017- July 2018) Built strong foundation in medical practice by contributing to
 different areas of patient care and administrative practice.
- Worked in rotations in departments of General Medicine, General Surgery, Obstetrics and Gynaecology, Paediatrics, Anaesthesiology, Neurology, Burns & Plastic Surgery, Dermatology, and Psychiatry.

Membership in professional organizations:

• Life member, USS (Udaipur Surgical Society)

Trainings and workshops attended:

- Attended as a delegate in ASIRAJ held at Udaipur, Rajasthan in May 2022
- Attended as a delegate in SURGICON held at New Delhi in November 2022.
- Attended as a delegate in RAMAS held at Alwar, Rajasthan in December 2022.
- Attended as a delegate in AUSCON held at Udaipur, Rajasthan in March 2023.
- Completed Basic Course in biomedical research in March 2022.

Papers and posters presented:

- Presented paper on 'A Prospective Study of Bacteriologic Profile of Bile in Patients undergoing Biliary surgeries and its Implication on Perioperative Antibiotic regime' in SURGICON held at New Delhi.
- Presented poster on 'Mucinous breast Carcinoma in Young Female' in SURGICON held at New Delhi.
- Presented Poster on 'Bacteriobilia in Biliary Surgeries' in AUSCON held at Udaipur.

Thesis Paper:

"A Prospective Study of Bacteriologic Profile of Bile in Patients undergoing Biliary Surgeries and its Implication on Perioperative Antibiotic Regime at a Tertiary Care Center"

Details of Senior Doctors for reference:

Dr. D.K. Sharma

MS, M.Ch. (G.I. Surgery)

Sr. Professor and HOD

Department of General Surgery

R.N.T. Medical College & MB Govt. Hospital, Udaipur (Raj.)

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Declaration:

I, Dr. Sony Saju, do hereby certify that the information provided above is true and correct to the best of my knowledge.