



NABEEL CS

Physiotherapist

+91 8075788859

+91 8089806828

✉ drnabeelcs@gmail.com

🏠 NABEEL MANZIL,
PAZHAYANNUR, THRISSUR.
KERALA-680587

#PERSONAL DATA

D.O.B : 28-05-1999
GENDER : MALE
NATIONALITY : INDIAN
PASSPORT NO : S2033984
EXPIRY DATE : 03-05-28
RELIGION : MUSLIM
MARITAL STATUS : UNMARRIED

#SKILLS

- Active listening, Communication and Interpersonal skills
- Performing therapy Interventions
- Patient assessment & Management
- Pain management techniques
- Community rehab skills
- Anatomy knowledge
- Quick learner
- Team player

PERSONAL PROFILE

A highly motivated, confident, compassionate, caring and friendly physiotherapist with exceptional multi-tasking and organizational skills and a strong desire to provide the highest possible level of patient care. Able to communicate effectively with patient and cares to maximize the rehabilitation of patient and to ensure understanding of often complex clinical issues impacting on recovery. I have six months of Internship experience in supporting a variety of Patients ranging from children suffering from developmental problems to adults and elderly Affected by neurological, orthopedics, caerespiratory conditions and restoring functions after injury.

EDUCATIONAL QUALIFICATION

2014 Completed Tenth STD from G.H.S.S Pazhayannur. Affiliated to Kerala State Board.

2016 Completed PUC from Wadi Rahma English School, Kozhikkode. Affiliated to CBSE.

#LANGUAGES KNOWN

| | |
|-----------|----------------|
| ENGLISH | : PROFICIENT |
| HINDI | : INTERMEDIATE |
| KANNADA | : INTERMEDIATE |
| TAMIL | : INTERMEDIATE |
| MALAYALAM | : NATIVE |
| GERMAN | : ELEMENTARY |
| ARABIC | : ELEMENTARY |

#INTERESTS

- Clinical Orthopaedic conditions
- Clinical Neurological conditions
- Advance treatment techniques

#EXPERIENCE

- 6 month of Internship – JAN 2023 to July 2023 at Shridevi Institute of Medical Sciences and Research Hospital, Tumkur, Bangalore.

- Educated patients on how to prevent or improve Conditions.
- Diagnosed, assessed and treated patients with Different physical conditions.
- Restored, maintained and promoted not only Optimal physical conditions but also optimal Quality of life as it relates to movement and Health.
- Promoted special tests and measure to identify Potential and existing problems.
- Reviewed training programmes that encouraged exercise and movements by the use of various techniques.

PROFESSIONAL QUALIFICATION

2023 ● Completed Bachelor of Physiotherapy from Shridevi College of Physiotherapy, Tumkur. Affiliated to Rajiv Gandhi University of Health Sciences.

EXTRA CURRICULAR ACTIVITIES

- INTERNATIONAL PHYSIO CONFERENCE, MANGALORE (March 2022) – Represented Shridevi college of physiotherapy in the event MANGALORE PHYSIOCON held at Mangalore.
- College Professional Cricket Team Captain

PROJECT

UG PROJECT - "EFFECTIVENESS OF CIMT IN UPPER LIMB FUNCTION'S AND CORTICAL ORGANIZATION IN CHILDREN'S WITH INFANTILE HEMIPLEGIA THROUGH NEURONAL PLASTICITY AND NDT"

DECLARATION

I hereby declare that the above mentioned statements are true and correct to the best of my knowledge and belief. All the certificates and other referrals will be presented upon request.

NABEEL.CS