



# RAHUL SURESH

## About Me

I am a passionate and dedicated social work graduate seeking an entry-level position in your organisation. Committed to making a positive impact on individuals and communities by providing support, advocacy, and empowerment. Eager to apply my knowledge, skills, and compassion to assist those in need and promote social justice.



(+91) 81568 99720



107rahulsuresh@gmail.com



Kakoor Kara, Kottayam, Kerala

## Language

Malayalam

English

Tamil

Hindi

## Expertise

- Strong Communication
- Problem-Solving
- Leadership
- Advocacy
- Organisational
- Empathy

## Education

### St Berchmans College, Changanassery

Master of Social Work

Medical and Psychiatric Social Work

CGPA: 4.29 GRADE: A

2021- 2023

### CMS College, Kottayam

Bachelor of Arts in English Language and Literature

2018- 2021

CCPA: 7.94 GRADE: A

## Experience

### INTERN

CARITAS HOSPITAL, KOTTAYAM

June, 2023

- Build rapport with patients and their bystanders and relay all concerns to supervisors.
- Assisted patients and bystanders in accessing community resources, including financial assistance, transportation services, etc.
- Conducted thorough patient interviews and assessments to identify social and emotional factors impacting health outcomes.

### INTERN

LOUISE MOUNT HOSPITAL, WAYANAD.

April 2023

- Conducted assessments to gather information about clients' mental health status, psychosocial history, and current challenges.
- Provided psychoeducation to clients, families, and the community about mental health issues, treatment options, and available resources
- Engaged in ongoing professional development activities, such as attending trainings, supervision sessions, etc.

### INTERN

SNEHITHA SURAKSHA FSW PROJECT KOTTAYAM

Nov 2022- Jan 2023

- Support the field team to conduct health camps.
- Field visits and awareness generation.
- Development of work plan and conducting group sessions.

### INTERN

CHANGANASSERY SOCIAL SERVICE SOCIETY (CHASS)

SEP 2022 - OCT 2022

- Engaged in community outreach programs and initiatives that address social concerns.
- Monitoring and evaluation activities of Government projects.
- Documentation and reporting

### INTERN

OXFAM INDIA

Nov 2021 - Dec 2021

- Emergency response and relief work
- Conducted assessments to determine the immediate and long-term needs of individuals and communities impacted by the disaster.
- Campaigning and advocacy for the rights of marginalised communities.