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| --- | --- |
| Aleena Biju |  |
| kunnappilly(house) kuttichira (po) kuttichira,680724(pin) kerala, india |
|  **9207477265 ▪ aleenabijukunnappilly@gmail.com ▪**  |  |

PERSONAL DETAILS

Name : Aleena Biju

Name of father : Biju K.P

Date Of Birth : 25/09/2000

Age : 22

Religion : Christian, Orthodox

Sex : Female

Marital status : Unmarried

Nationality : Indian

Languages known : Malayalam, English, Kannada

Contact : 9207477265

OBJECTIVES

To obtain a challenging career position, this will exploit my educative and professional experience to the maximum

EXPERIENCE

 ▪ 30/01/2023 – 30/07/2023

 **Internship**

 In General Medicine and Surgery ward

 **Internship**

 In General ICU & SICU

 **Internship**

 In OBG & Pediatric Department

**Internship**

 In Neurology Department

**Internship**

 In Orthopedic Department

**Internship**

* Community posting
* Old age home & affiliated PHC'S
* Chetana special school, Mangalore
* Spandana Special School, Surathkal

SKILLS

* Patient Assessment
* Pain Management and
* Techniques
* Manual Therapy Techniques
* Sports Taping
* Dry Needling
* Communication skills

**EDUCATION**

* **Bachelor of Physiotherapy**

 Rajiv Gandhi university of Health Sciences, Karnataka

 Srinivas College of Physiotherapy, Mangalore

 completed in 2023 (2018-2023)

* **Higher Secondary**

 St. Sebastián’s HSS kuttikad

 completed in 2018 (2016-2018)

* **SSLC**

 GHSS Chaipankuzhi

 completed in 2016(2015-2016)

**PERSONAL PROJECT**

* Project done on **"Immediate Effects of IASTM on Pain** **and Range of Motion in Chronic Non-Specific Low** **Back Pain - A single-group pretest-posttest study"**
* Presented a Poster on the title **"Effects of Aquatic Therapy in post-stroke patients"**

**COURSES AND SEMINARS**

* March 2020 | Chennai, India

**participated in Annual Conference of The Indian Association of Physiotherapist.**

* March-April 2023 | Sharp Insight

**Dry Needling, Radiology, Myokinetic Therapy, Taping.**

* April 2023 | **Course in Manual Therapy.**
* July 2023 | Srinivas University

**participated in “NEUROCON** **2023 NATIONAL LEVEL CONFERENCE”**

**CERTIFICATES**

* Certificate course in Manual Therapy organized by Manual Therapy Foundation of India
* On Mechanical, Radiological, Differential diagnosis & it's Dry Needling & Myokinetic Therapy in Musculoskeletal disorder