

WORK PROFILE

NAME : Dr. Grace Mary Joseph

AGE : 28 years

SEX : Female

PERMANENT ADDRESS : D/o K.J Joseph

34/2022 -A THUSHARA

MBCRRA 92, Edappally p.o

Kochi 24

CONTACT NO : 8078395805

QUALIFICATION : BDS , MDS (PERIODONTICS AND
IMPLANTOLOGY)

NAME OF THE INSTITUTION(UG) : K.G.F College of Dental Sciences,Kolar

NAME OF THE INSTITUTION (PG): A.J Institute Of Dental Sciences ,
Mangalore

UNIVERSITY : Rajiv Gandhi University of Health Sciences

YEAR OF PASSING BDS : 2014-2019

YEAR OF PASSING MDS : 2020-2023

SPECIAL INTEREST : Root coverage procedures, depigmentation, periodontal flap surgeries(conventional and minimally invasive), Guided bone regeneration, frenectomy, gingivectomy.

MARITAL STATUS : Single

THESIS TOPIC:Comparative assessment of IL-6 levels in diabetic patients with chronic localized periodontitis treated with scaling and root planning with and without 2 %curcumin gel- A clinical study

LIBRARY DISSERTATION: GCF a pioneer biomarker

Clinical Work

1. NON-SURGICAL	
a) Hand scaling	15
b) Ultrasonic scaling	248
c) Splinting	7
d) Local Drug Delivery	42
e) Coronoplasty	3

2. SURGICAL	
a) Abscess Drainage	12
b) Curettage	45
c) Operculectomy	7
d) Gingivectomy and Gingivoplasty	4
e) Frenectomy	3
f) Depigmentation	4
g) Crown Lengthening procedure	10
Vestibuloplasty	1
Implants	5
Flap surgeries	
Aggressive periodontitis	3

Chronic periodontitis	6
Localized periodontitis	25

MIST	
LANAP	3
Conventional flap with LDD	1
LASER decontamination with LDD	1
Root coverage	
Coronally advanced flap	14
FGG	2
SCTG	1
Double lateral sliding (two stage surgery)	1
Bridge flap	2
Double lateral sliding bridge flap	1
Zucchelli technique	1
Tarnow's Technique	3
Tunnelling technique	4
Coronally advanced flap	5
Apicoectomy	1
Hemisection	1
Periimplantitis	1
Pink tooth management	1
Management of Endo-perio lesion(mesial root and moat shaped defect irt 37)	1
Ridge augmentation (horizontal)	1

Diagnosis and management of Darriers disease	1
GBR	10

Conferences attended	6
Workshops attended	6
Webinar attended	10
CDE's attended	7
Interdisciplinary meet	7
Posters presented	3
Paper presented	2

ACHIEVEMENTS :

1. 2 nd place in ISPRP poster presentation titled : impact of peri implantitis on systemic disease
2. 2 nd place in ISPRP paper presentation titled : interdiscilplinary manangement of endo perio lesions
3. Secured 7 th rank in RGUHS first year university exam.(first year MDS)

PUBLICATIONS :

1. "Patient awareness and acceptance of periodontal therapy ”- a questionnaire based study". Dr. Grace Mary Joseph, Dr. Abraham Davis ,Dr. Nandini Manjunath,Dr. . Parimala Kumar . International journal of innovative svience and research. Volume 7 - 2022 issue 10 – October.
2. Gingival depigmentation: is laser better than scalpel? A case series. Dr Grace mary joseph, Dr. Parimala kumar. International journal of innovative svience and research. Volume 7 - 2022 issue 10 – October.
3. GCF A Pioneer Biomarker: A Review. GCF A Pioneer Biomarker: A Review. Dr Grace mary joseph, Dr. Parimala kumar. International journal of innovative svience and research. Volume 7 - 2022 Issue 7 – July.
4. Surgical management of periapical lesion with prf and biodentine : a case report. Dr.Ithisham ismail, Dr. Grace Mary Joseph, Dr.Parimala Kumar.International journal of Dental Science and innovative research. April 2023, volume -6, Issue -2, P.NO. 447-455
5. 2 % Curcumin Gel as an adjunct to scaling and root planning in periodontitis patients with type II diabetes. Dr. Grace Mary Joseph, Dr.Parimala Kumar.International journal of Dental Science and innovative research. June 2023, volume -6, Issue -3.
6. Comparative evaluation of curcumin and phenolic mouthwashes among patients with chronic gingivitis Dr. Keerthi T, Dr. Grace Mary Joseph,Dr. Sahana Purushotham. International journal of innovative svience and research. Volume 8- 2023 Issue 5 – May