



ANOOP V R (PHYSIOTHERAPIST)

✉ anoop.vr12@gmail.com

☎ 9048177098

✈ Skills

Highly developed dexterity, co-ordination & palpation skills for assessment.

Sound knowledge of human anatomy & internal body structures.

Extensive knowledge of techniques of improving body movements, restoring mobility & strengthening muscles.

Can motivate others through effective communication skills.

Experience of dealing with emotional and stressful situations.

👤 Reference

Shanty K A - "BCF College Vaikom"

Assistant Professor

7902420221

🗣 Languages

Malayalam - Read, Write, Speak

English - Read, Write, Speak

Hindi - Read, Write, Speak

Tamil - Speak

👤 Personal Details

Date of Birth : 17/05/1993

Marital Status : Married

Nationality : Indian

🎯 Objective

A challenging opportunity in the field of physiotherapy that would help me use my clinical and educational experience.

📁 Experience

- **SPECIALISTS' HOSPITAL** 10/12/2021 -
PHYSIOTHERAPIST Till Now
@
Ernakulam North 682018
- **KANIVU PHYSIOTHERAPY CENTER** 19/02/2021 -
PHYSIOTHERAPIST 9/12/2021
Organized by Kanivu Paliative Care
- **KUMAR CENTRE FOR STROKE AND NEURO REHABILITATION**
PHYSIOTHERAPIST 03/09/2018 -
@ 01/04/2019
*Chittoor road, Vaduthala,
Ernakulam 682023*
- **PUNARNAVA AYURVEDA HOSPITAL** 02/05/2017 -
PHYSIOTHERAPIST 31/08/2018
@
*North Edapally,
Ernakulam 682024*
- **ASTER MEDCITY** 10/09/2016 -
INTERNSHIP TRAINEE [PHYSIOTHERAPY] 10/03/2017
@
Cheranelloor South Chittoor Kochi 682027
- **CARMEL HOSPITAL** 01/01/2016 -
CLINICAL POSTING 31/01/2016
@
Aluva Kochi 683101
- **RAJAGIRI HOSPITAL** 01/11/2015 -
CLINICAL POSTING 31/12/2015
@
Chunangamvely Aluva Kochi 683112
- **GENERAL HOSPITAL** 10/09/2014 -
Clinical Posting 10/12/2014
@
Ernakulam 682011

○ **SPECIALIST'S HOSPITAL**
CLINICAL POSTING
@
Ernakulam North 682018

🎓 **Education**

○ **Mahathma Gandhi University**
Bachelor of Physiotherapy

🏠 **Projects**

○ **ASTHMA**
Organized by SME RC, Angamaly (2015)

○ **MIDDLE CEREBRAL ARTERY STROKE**
Organized by SME RC, Angamaly (2014)

○ **IVDP IN CERVICAL REGION**
Organized by SME RC, Angamaly (2013)

🏆 **Achievements & Awards**

○ National Physiotherapy Summit (2014) KAPS Kerala.

○ Instrument Assisted Soft Tissue Mobilization & Cupping Technique (2019) (IAP).

○ Membership Certificate (Lifetime) All India Association of Physiotherapist (



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