

P N A FN I T H A

MEDICAL & PSYCHIATRIC SOCIAL WORKER

CONTACT

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Pariyangattu (H), Edathala (P.O),
Aluva, Ernakulam- 683561

SKILLS

Effective communication

Easily adaptable to any situation

Empathy

Leadership

Basic research knowledge

Documentation skill

An ability to manage multiple tasks &
stay organised

EDUCATION

Master of Social Work - Medical & Psychiatry

Assumption College Autonomous,
Changanacherry

2020- 2022

BSc.Zoology

Union Christian College, Aluva

2017- 2020

LANGUAGES

English

Malayalam

Tamil

RESEARCH

AN EXPLORATORY JOURNEY INTO
WOMEN LIVING IN SLUMS.

REFERENCE

Ms. Ashwini G Shastry

Clinical Psychologist(MSc.,MPhil)

+918792704676

PROFILE

Seeking a position as a social worker specializing in the mental health /medical field allowing myself to make a strong commitment to serving the needs of the disadvantaged. Obtaining a role to improve my skills in order to make effective contributions to my job while also earning the opportunity for professional growth by utilizing my abilities develop through my work experiences and education.

WORK EXPERIENCE

COUNSELLOR

CADABAMS GROUP, BENGALURU

2022-2023

- Worked as a de addiction counselor to provide counselling and support to people suffering from drug or alcohol dependency, educate families in the best ways to help in the recovery process, and work with both inpatient clients and those participating in outpatient programs.
- To help people with physical, mental, developmental, or emotional disabilities live independently.
- Also assisting individuals to adapt to a disability acquired later in life. Additionally monitoring clients' progress and adjusting treatment plans as needed.

INTERNSHIP EXPERIENCES

- NATIONAL INSTITUTE OF MENTAL HEALTH AND NEUROSCIENCES, BENGALURU (JUNE 2022 - JULY 2023)
Trainee - Psychiatric Social Work
- CADABAMS PSYCHO-SOCIAL REHABILITATION CENTER, BANGALORE (APRIL-2022)
Trainee - Psychiatric Social Work
- PUSHPAGIRI MEDICAL COLLEGE, THIRUVALLA (NOVEMBER 2021)
Trainee - Medical Social Work
- DISTRICT PROBATION OFFICE, PATHANAMTHITTA (27th JANUARY- 12th MARCH 2021)
Trainee - Social work
- TELECOUNSELLING - OTTAKKALLA KOODEYUNDU KOTTAYAM PROGRAMME (JUNE 2021- JULY 2021)

CERTIFICATIONS

- Training for Rapid Response Team - KILA
- Coordinator of the inauguration of a Probation Scheme " JEEVANAM
- Training programme on 'Probation of offenders act & Nervazhi Project'
- Certificate course in Disaster Management Psychosocial intervention and Risk Reduction.