

# ALEENA K SANTHOSH

## STAFF NURSE

### CONTACT

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### CORE QUALIFICATIONS

- Medical, Surgical and Ortho care
- Patient and caregiver education
- Electronic charting
- Patient examination and condition monitoring
- Direct and indirect patient care
- Familiar with continuous passive motion therapy and the use of orthopedic equipment
- Collecting specimens
- Infection control procedures
- Medical Record Keeping

### REGISTRATION

Tamil Nadu Nurses and Midwives council, 2019

### EDUCATION

BSC Nursing

Kerala University of Health Sciences (KUHS), Kerala

Percentage: 62%                      2015-2019

### LANGUAGES

Malayalam, Tamil and English

### SUMMARY

Staff Nurse with 2.10 years of professional experience in Medical, Surgical and Ortho. Efficiently coordinate with healthcare professionals to advance patient care. Dedicated and passionate with progressive career history in direct patient care, acute care and care coordination in fast-paced environment.

### WORK EXPERIENCE

**29.01.2020 to Present - Staff Nurse at Apollo Hospital, Chennai.**

- Perform initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for patients of all ages.
- Record patients' medical history, vital statistics, and test results in electronic and physical medical charts.
- Observe patients and actualize nursing interventions to expedite healing and recovery after surgery.
- Utilize clinical expertise to remove sutures, administer medications and injections, administer IV therapy, test glucose levels. Perform venipuncture, and provide wound care.
- Educate patients and caregivers on diagnosis, treatment options, and disease process, and self-management.
- Provide comprehensive instruction on discharge plans to sustain continuity of care upon discharge and drive recovery goals.
- Monitor and maintain inventory and supply levels; prepare and submit supply replenishment orders to maintain par levels.
- Identify opportunities for improvement in procedures, unit activities, and treatment.