



CHINNU SKARIA

EDUCATION

BSc Nursing – 2015- 2019

Unity Academy of Education (Institute of Nursing Sciences), Mangalore, India

WORK EXPERIENCE

HOLY SPIRIT HOSPITAL Andheri (E), Mumbai- As Staff Nurse in medical and surgical ward(2 years and 3 month)

Description of Hospital: 300 Bedded, NABH and NABH in Nursing Excellence Certified Private Multi-Specialty tertiary care Hospital.

DUTIES & RESPONSIBILITIES:

I WORKED AS A FULL TIME REGISTERED NURSE IN SURGICAL CARDIAC WARD. DURING THIS PERIOD MY ROLES AND RESPONSIBILITIES WERE THE FOLLOWING.

- ADMISSIONS, DISCHARGES AND TRANSFER OF PATIENTS AND MAINTAINING THEIR RECORDS.
- PERFORM PATIENT ASSESSMENTS AND PROVIDE CARE BASED ON THE PRIORITY.
- CATEGORIZING THE PATIENT ACCORDING TO TRIAGE IN ORDER TO PROVIDE OPTIMAL CARE.
- OBTAIN AND DOCUMENT PATIENTS HEALTH HISTORY, RECORD VITAL SIGNS AND NOTE CHANGES.
- MAKE OBSERVATIONS AND DRAWS LOGICAL CONCLUSION.
- IDENTIFIES EARLY DETERIORATION OF THE PATIENT AND ACCORDING TO THE HOSPITAL POLICIES AND PROCEDURES BY APPLYING CRITICAL CARE THINKING (ACTIVATES CODE BLUE AND INITIATING CPR).
- PROVIDES PROFESSIONAL NURSING CARE.
- ADMINISTERING MEDICATIONS, INJECTIONS, INFUSIONS AND OTHER TREATMENT.
- ADMINISTERING BLOOD AND BLOOD PRODUCTS.COMMUNICATIVE EFFECTIVELY BETWEEN THE TEAM MEMBERS, PATIENTS, FAMILY AND ALSO TO THE MULTI DISCIPLINARY TEAM TO RENDER COMPREHENSIVE NURSING CARE
- MANAGEMENT OF POST OPERATIVE PATIENTS AND PAIN MANAGEMENT.
- HANDLING THE EMERGENCIES IN THE UNIT AND PERFORMING CPR FOR PATIENTS HAVING CARDIO-PULMONARY ARREST.
- PERFORMING WOUND DRESSING UNDER ASEPTIC TECHNIQUES.
- DOCUMENTS PATIENT TREATMENT, MEDICATIONS ADMINISTERED, VITAL SIGNS, NURSING CARE PROVIDED ETC.
- MAINTAINING PATIENTS' NUTRITIONAL STATUS BY RYLES TUBE FEEDING.

PROFILE

Registered nurse with strong experience in delivering quality care. Professional with more than two years of practice in medical surgical ward. Strong knowledge in care of surgical patients, Medicine, Pharmacology and able to manage emergencies. Also maintains standards of care in the hospital or private practice setting. Caring and reliable person with a reputation for building a great rapport between medical providers and patients. Committed to making patients more informed and at ease during their care.

CONTACT DETAILS:

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EMAIL: chinnuskaria5555@gmail.com

ZOOM ID: 8519304001

SPECIAL ACHIEVMENTS:

- Basic Life Support (**BLS**) by AHA valid up to NOVEMBER 2024
- Advanced Cardiovascular Life Support (**ACLS**) by AHA valid upto NOVEMBER 2024

PROCEDURES PERFORMED:

- Insertion of cannula
- Collection of blood specimens
- Endotracheal care
- Total parental Nutrition
- Wound dressing
- Removal of stitching
- Bladder wash
- Blood transfusion
- Bowel wash
- Nebulization
- Catheterization
- Insertion of Nasogastric tube as well as administration of feed
- Tracheostomy care
- Assist in lumbar puncture
- Endotracheal / Oral/ Nasal/ tracheostomy suction
- Medicine administration in all routes
- Planning diet for the patient

PERSONAL DETAILS

Date of Birth 2 JAN 1998
Gender : Female
Nationality : Indian
Marital status : Single
Religion : Christian
Passport no U6378780

LANGUAGES FLUENT

English, Hindi, Malayalam,
Kannada,

EQUIPMENTS SKILLS

- Pulse oxymeter
- Syringe pump
- Infusion pump
- Glucometer
- Nebulizer
- ECG Machine
- Suction Apparatus
- Sphygmomanometer

I hereby declare that all the information furnished
above is true to the best of my knowledge.

Place: INDIA

Date:

CHINNU SKARIA