

SHILNA THOMAS

PROFILE

Seeking an Entry Level Dietitian position in a reputed Hospital where I can use my educational background and Internship experience to develop my skills. Eager to learn from senior dietitians in the field and serve patients with empathy and wisdom.

PERSONAL DETAILS



+91 6238711861



shilnathomas18@gmail.com



Kalarickal House, Mevelloor P.O, Velloor Kottayam Kerala

Pin:686609

Dob: 26-09-2001

Age: 21

Gender: Female

Father's name: Thomas K.C. Mother's name: Sheela Thomas

Religion: Christian Marital Status: Unmarried Nationality: Indian



EDUCATION

REV.FR GM VHSS, KARIKODE

10th - 95.5%

2017-2018

Government of Kerala

GOV.HSS, PERUVA

- 77.08% 12th (Science)

2018-2020

Government of Kerala

ALPHONSA COLLEGE, PALA

BSc Clinical Nutrition and Dietetics - 60% 2020-2023

Mahatma Gandhi University



PROJECT

Development of cost effective and nutritious recipes using Oats.



INTERNSHIP EXPERIENCE

AMRITA INSTITUTE OF MEDICAL SCIENCE, KOCHI

02/05/2022 - 31/05/2022

Learned to create customized dietary plans for patients with a range of medical conditions and nutritional needs.



DECLARATION

I hereby declare that all the facts given above are true and correct to the best of my knowledge.