

## CURRICULAM VITAE

**Ritto Mathew**

**Social worker**

Ph: 8921036341

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Passport No: N6826756

### CAREER OBJECTIVE:

To become a model and successful person wherever I am working in. Put hands together for the well being and growth of the institute. Through hard work gain security and prosperity to my life. And be an influencer in our society

### PROFESSIONAL EXPERIENCE:

- 1. Organization: Pushpagiri medical college, Tiruvalla**  
**Duration: From July 2021 to February 2023-06-14**  
**Designation: Psychiatric Social worker.**
- 2. Organization: District Hospital , Kanhangad, Kassargod**  
**Duration: from June 2020 to March 2021**  
**Designation: consultant counsellor**
- 3. Organization: Holy Mount: Mercy Village,Kannur**  
**Duration: From January 2020 to June 2020**  
**Designation: Psychiatric Social worker.**
- 4. Organization: Ton's & Tob's, English Academy, Gurdaspur, Punjab**



**Duration: From August 2017 to April 2018**

**Designation: Spoken English trainer**

**5. Organization: St. Joseph English Medium School, Pandesara, Surat**

**Duration: June 2012 to May 2017**

**Designation: teacher of English & Social Science high School students**

### **ROLES & RESPONSIBILITIES UNDERTAKEN**

**\*Individual counselling- as a psychiatric social worker I used to give counselling and therapies to the IP and OP Patients in psychiatry department.( history taking, family and couples counselling , therapies like CBT and REBT)**

**\* Taking classes- as the part of the psychiatric faculty of the medical college, I used to take classes for first year MBBS students and Nursing students. (Sociology)**

**\*Coordinator- outreach programme of the department**

**\* Teaching – motivational classes and soft skill training programme for medical college students as part of psychiatry department.**

### **EDUCATIONAL QUALIFICATION**

<b>Qualification</b>	<b>year</b>	<b>college/Institute</b>
SSLC HSS,Changanasserry	March 2002	St. Berchman's
Plus Two	March 2005	Govn. HSS, Athirampuzha
B.A Philosophy	March 2009	Jeevalaya Institute, Bangalore
B.A English Lit.	March 2009	MG University, Kottayam



## **PROFESSIONAL QUALIFICATIONS**

**\* MSW (med & Psychiatry) 2018-2020, Christuraja College, Trichy (Bharathidasan University)**

**\*DCP (diploma in counselling psychology), SRC, Kerala, 2022.**

**\*Certificate on counselling course, Danahalaya counselling centre, IGNO study centre, Alapuzha.**

## **SOFT SKILLS**

**Planning and coordination**

**Team work**

**Good Communication**

**Leadership**

## **PERSONAL INFORMATION**

Father's Name	-	Mathew Sebastian
Date of birth	-	17/09/1986 (36)
Marital status	-	single
Nationality	-	Indian
Religion	-	Christian
Languages Known	-	Malayalam, English &Tamil.
Address Changanassery	-	Thoompunkal (H), Fathimapuram PO,  Kottayam, Pin- 686102.

**Declaration**



I do hereby declare the above mentioned details are true and correct to the best of my knowledge and belief.

Place: Changanassery

Date: 15/06/2023

Ritto Mathew



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