

Curriculum Vitae



Dr Appu G Pillai
Chithira
Pada North, Karunagappally (P.O)
Kollam, Kerala
Pin code: 690518

Email address: appugpillai123@gmail.com
Phone: 8281444327, 7012282401

Name: Dr. Appu G Pillai

Gender: Male

Date of birth: 18 June 1992

Nationality: Indian

Father's name: N Gopinathan Pillai

Mother's name: Preetha M R

Marital status: Single

Languages known: English, Malayalam, Kannada

Academic qualifications:

<i>Qualification</i>	<i>Year of passing</i>	<i>Institution</i>	<i>University</i>	<i>% of marks</i>
<i>X</i>	<i>2008</i>	<i>Sree Buddha Central School, Karunagappally</i>	<i>Central Board Of Secondary Education</i>	<i>84.4%</i>
<i>XII</i>	<i>2010</i>	<i>Sree Buddha Central School, Karunagappally</i>	<i>Central Board Of Secondary Education</i>	<i>80.4%</i>
<i>MBBS</i>	<i>2016</i>	<i>Academy of Medical Sciences, Pariyaram</i>	<i>Kerala University of Health Sciences (KUHS)</i>	<i>62%</i>
<i>M.S. (Orthopaedics)</i>	<i>2023</i>	<i>Sri Siddhartha Medical College, Tumkur</i>	<i>Sri Siddhartha Academy of Higher Education</i>	<i>72.5%</i>

Professional experience:

- *One year rotatory internship at Academy of Medical Sciences, Pariyaram from January 2017 to January 2018.*
- *Post graduate training in Sri Siddhartha Medical College, Tumkur from July 2020 to July 2023.*

Work experience:

- *The training during post graduation in Sri Siddhartha Medical College, Tumkur included detailed case study, intensive training in inpatient management and running out patient and special clinics including Spine clinic, Arthroplasty ,Arthroscopy,CTEV clinic, Autoimmune disorders and management of Orthopaedic emergencies.*
- *Have assisted and performed multiple orthopaedic procedures like Tibial nailing, proximal femoral nailing, hemiarthroplasty, total hip replacement, total knee replacement, arthroscopic ACL reconstruction, decompression and posterior stabilization of spine, and other minor & major procedures.*
- *Have also actively participated in teaching MBBS students.*
- *Attended Post graduate teaching workshop and regular CME and conferences both state and national level.*

Research/publications:

- 1. Published paper on A Prospective Study of Fenestration Discectomy of Lumbar Intervertebral Disc Prolapse - International Journal of Pharmaceutical and Clinical Research 2023; 15 (3); 1121-1129*
- 2. Published paper on ACL Deficient Knee with High Grade Pivoting: A Comparative Study of Combined Anterior Cruciate Ligament with Antero Lateral Ligament versus Isolated ACL Reconstruction - International Journal of Pharmaceutical and Clinical Research 2023; 15(3); 1130-1137*
- 3. Published case report on Humerus nail for tibial reconstruction in adolescent with osteogenesis imperfecta – A rare surgical case report - Indian Journal of Orthopaedics Surgery 2022;8(3):1–4*
- 4. Published paper on Functional and radiological outcome of primary fixation of compound tibial fractures with LRS and antibiotic beads: A prospective case series - International Journal of Orthopaedics Sciences 2022; 8(3): 400-405*

Conferences / workshops attended:

- Attended KOACON May 2022, Bangalore and presented poster.*
- Attended OASISCON September 2022, Andhra Pradesh – paper and poster presentation.*
- Attended IOACON December 2022, Amritsar.*
- Attended KOACON February 2023, Belgavi.*

I hereby declare the above details are true to the best of my knowledge.

Dr Appu G Pillai