

# CATHERINE JOSEPH

## Contact

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## Education

### TATA INSTITUTE OF SOCIAL SCIENCES (TISS), MUMBAI

M.A Social Work in Public Health  
2021-23  
Marks: CGPA 7.1, Grade A-

### MAHATMA GANDHI UNIVERSITY, KERALA

B.com (Finance and Taxation)  
2017-2020  
Marks: CGPA 7.5, Grade A

### MARY MATHA HSS, KOCHI (KERALA STATE BOARD)

Higher secondary education (Commerce stream)  
2015-2017  
Marks: 87.8 %

### VIDYODAYA SCHOOL, KOCHI (CBSE BOARD)

Matriculation  
2014-2015  
Marks: CGPA 9.0

## Skills

- Research
- Counseling
- Creativity
- Communication
- Computer proficiency

## Language

English

Malayalam

## Dissertation

"A study on the health-seeking behaviour of migrant women Naka workers in Kochi city of Kerala"

## Experience

### FIELDWORK

#### 1) ANUBHUTI TRUST | Kalyan, Maharashtra

December 2022 -January 2023

Works Done:

- Took academic sessions for schoolchildren
- Worked on case assessments and interventions in health
- Documentation works including quarterly reports

#### 2) ASSOCIATION FOR HEALTH WELFARE IN THE NILGIRIS (ASHWINI) | Gudalur, Tamil Nadu

September 2022- October 2022

Works done:

- Took sessions for Auxiliary Nurse and Midwife (ANM) students
- Conducted case studies
- Wrote an analytical paper on social determinants of health on tribals

#### 3) ERNAKULAM SOCIAL SERVICE SOCIETY (ESSS) | Kochi, Kerala

February 2022- May 2022

Works done:

- Did intervention in the area of community health
- Conducted case study for two projects on entrepreneurship and organic farming
- Organized a Radio expo as a part of World Radio Day
- Organized a session on Breast Cancer for women

### INTERNSHIPS

#### 1) RURAL DEVELOPMENT ORGANISATION (RDO) TRUST | Nilgiris, Tamil Nadu

June 2022- July 2022

Works done:

- Worked with the ChildLine India team of the organisation
- Was part of a mass survey conducted for a project on organic farming
- Assisted in the documentation works

#### 2) INDIGENOUS PEOPLES COLLECTIVE | Kochi, Kerala

December 2021- January 2022

Works done:

- Worked with the admission help team for follow-up and need-assessments
- Engaged with the tribal students to understand their socio-cultural realities
- Took sessions on improving English language and confidence for students
- Documentation works