CURRICULUM VITAE



Name: Dr Nelwin Jerald Sabu

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Phone Number: 91-9539173820

Date of birth: 21/11/1992

Applied post: IDCCM Fellow

<u>**Objective:</u>** Passionate and skilled Anaesthetist seeking a fellowship opportunity (**Indian Diploma of Critical Care Medicine-IDCCM**) in the Intensive Care Unit (ICU) to further develop expertise in critical care management and contribute to the multidisciplinary care of critically ill patients.</u>

Education:

- Medical Degree: MBBS-Jubilee Mission Medical College & Research Institute, Thrissur, Kerala
 - Year of Graduation-2018
- Residency in Anesthesiology: MD-Sawai Man Singh Medical College, Jaipur, Rajasthan
 - Year of Completion-2023

Skills and Interests:

- Proficient in administering various anesthesia techniques, including general, regional, and local anesthesia.
- Worked in a COVID ICU during the pandemic and was involved in care of critically ill patients.
- Strong understanding of perioperative patient management and pain control.
- Excellent communication and interpersonal skills for effective collaboration with multidisciplinary teams.
- Quick decision-making abilities and adept at handling high-stress situations.
- Continuous commitment to staying updated with the latest advancements in anesthesiology and critical care medicine.
- Willing to create in-depth knowledge in the field of Critical Care Medicine.

Certifications:

- Medical Council-MBBS-Travancore-Cochin Medical Council (TCMC), Kerala University of Health Sciences (KUHS)-2018
- MD Anaesthesiology-Rajasthan Medical Council (RMC), Rajasthan University of Health Sciences (RUHS)-2023

Presentations and Workshops:

- Participated as a delegate in the "3rd Annual Critical Care USG Workshop" held on May 2022 at Mahatma Gandhi Medical College & Hospital, Jaipur.
- Participated in the **"ACE Mechanical Ventilation Workshop 22**" as a delegate held at Jaipur on September 2022.
- Poster presentation at the **19th North Zone Conference of Indian Society of Anaesthesiologists** held on October 2022 at IGMC, Shimla.
- Paper presentation at the **15th Annual National Conference of Obstetric Anaesthesiologists** organized at PGIMER, Chandigarh on December 2022.
- Participated as a delegate in a workshop on **"Ultrasound Guidance in Anaesthesia"** under the **Research Society of Anaesthesiology Clinical Pharmacology** held on December 2022 at SMS Medical College, Jaipur.
- Attended a workshop on **"Perioperative POCUS"** at Bhagwan Mahaveeer Cancer Hospital & Research Centre Jaipur as a delegate on January 2023 (**RAJWISACON 2023**).

Research and Publications:

• Archives of Anaesthesiology and Critical Care (aacc@tums.ac.ir)-Comparison of Clonidine versus Esmolol in controlled hypotension in patients undergoing FESS surgery-Accepted.

Professional Memberships:

• Member, Indian Society of Anaesthesiologists, 2022

References: Available upon request.

Personal Statement: As a recent pass out from an esteemed anesthesiology program, I am eager to expand my medical expertise in the dynamic and challenging environment of an Intensive Care Unit. My commitment to patient safety and well-being, combined with a strong foundation in anesthesia and a desire to contribute to critical care management, drives me to seek a fellowship opportunity. I am confident that my skills and dedication will make me a valuable asset to any ICU team, and I am excited to embark on this next phase of my medical career.