

ANU JOSEPH

Karakkattuparambil (H)

Kozhippilly P O

Kothamangalam

Ernakulam Dist-686691

Contact No: 9995118903

Email: mariyamjosephanu@gmail.com

**CAREER OBJECTIVE**

To pursue a career as highly professional nurse with an organization where motivation are encouraged and rewarded.

PERSONAL DETAILS

Name : Anu Joseph

Sex : Female

Date Of Birth : 25/05/1999

Nationality : Indian

Father Name : Joseph K V

Religion : Christian, JSC

Present Address House : Karakkattuparambil (H), Kozhippilly P O,
Kothamangalam P O Ernakulam Dist.
Kerala-686691

Contact No : 9995118903

Languages : English, Malayalam, Hindi, Telugu, Tamil

EDUCATIONAL QUALIFICATION:

QUALIFICATION	NAME OF COLLEGE/SCHOOL	YEAR	UNIVERSITY
SSLC	Govt. VHSS Mathirappilly	2015	Board of Public Examination
PLUS TWO	Govt. VHSS Mathirappilly	2017	Board of Higher Secondary Examination
GNM	Lakshmi School of Nursing, Hyderabad	2020	Telangana State Nurses Midwives, auxiliary Nurse- Midwives and Health Visitors Council

PROFESSIONAL SKILLS

- ✓ Routine Function
- ✓ Providing basic care to the patients
- ✓ Monitoring vital Signs
- ✓ Preparation of Emergency Drugs
- ✓ Administration of Medicine (Oral, Injection)
- ✓ Administration of Infusion and Transfusion
- ✓ Cardiopulmonary resuscitation
- ✓ Oxygen therapy
- ✓ Ryle's tube insertion
- ✓ Urinary Catheterization
- ✓ Sample collection and urine analysis
- ✓ Glucose random blood sugar checking
- ✓ Endotracheal suction
- ✓ Chest physiotherapy
- ✓ Care of babies under warmer & phototherapy
- ✓ Maintain cleanliness and orderliness of the unit

JOB EXPERIENCE

- ✓ Diagnostic & therapeutic investigations
- ✓ Endotracheal intubation
- ✓ Central line placement (umbilical vein & artery cauterization)
- ✓ Lumbar puncture
- ✓ Exchange transfusion

PROFESIONAL EXPERIENCE

- Cannulation
- Administration pain management
- Birth asphyxia
- Preterm, low birth weight
- Neonatal jaundice
- Respiratory distress
- Congenital cardiac problems in new born
- Meconium aspiration syndrome
- Sepsis
- Congenital anomalies of newborn
- Pulse oxymeter
- Ventilator
- Bubble CPAP
- Glucometer for instant blood sugar
- Infusion pump
- Syringe pump
- Suction apparatus
- Infant warmer
- Phototherapy
- Wall suction
- Nebulizer
- Laryngoscope
- Endotracheal/nasal/oral suction
- Total parental nutrition
- Blood transfusion
- Medicine administration in all route
- Catherization
- Wound dressing
- R.T.Feed, Kangaroo feed
- ABG

OTHER RESPONSIBILITIES (NICU)

- Maintaining strict technique inside the NICU
- Proper hand washing before & after each procedure
- Minimal handling to reduce the risk of infection
- Warmer care, check warmer temperature every 4 hours
- Active resuscitation & intravenous therapy
- Close observation of IV site for any colour change or swelling
- Tip of ET tube send for culture and sensitivity after extubation
- NICU department always keep sterile and every 4 days swabbing send for culture & sensitivity
- If any infection is noted report it immediately to the infection control department
- Management of isolated babies
- Strict control of visitors
- Admission & discharge of babies
- Daily weight checking
- Ventilator care
- Insertion of IV cannula & extract
- Blood for arterial blood gas
- Phototherapy care
- Changing the position of babies
- Active participation of new-born immunization

SUMMARY

- Highly qualified & trained nurse
- Written & oral communication skill
- Interpersonal relationships
- Sound familiarity with medical equipment's
- Ability to work independently and as a part of a team
- Remain calm & professional throughout critical incidents
- Related well to people from a variety of cultures

EMPLOYMENT HISTORY

❖ 2021 – 2023

- Name of Hospital : Yashoda Hospital, Secuderabad
- Period of Employment : From 17/04/2021 to 12/07/2023
- Designation : Staff Nurse
- Department : NICU

REFERENCES

❖ Nirmala Mary

Principal of School of Nursing
Yashoda Hospital

❖ Jyoti Sharma

General Mananger Nursing
Yashoda Hospital

DECLARATION:

I hereby declare that above told details are true and correct to the best of my knowledge and belief.

Place : Kothamangalam

Date :

ANU JOSEPH

No. Q 245082



11HF16J31100J4241775

GOVERNMENT OF KERALA
GENERAL EDUCATION DEPARTMENT
SECONDARY SCHOOL LEAVING CERTIFICATE



Register Number: **281797** Month & Year: **MARCH 2015** No. of Chances : **1**

This is to certify that the candidate herein has appeared for the SSLC Examination and secured the following grades

1. Name of Candidate : **ANU JOSEPH**
2. Name in Regional Language : **അനു ജോസഫ്**
3. Name of School : **GOVT. V H S S MATHIRAPPILLY**
4. Admission No. : **11819**
5. Date of Birth (in figures) : **25/05/1999**
(in words) : **TWENTY FIFTH MAY NINETEEN NINETY NINE**
6. Sex : **FEMALE**
7. Religion & Caste : **CHRISTIAN, J S C**
8. Whether SC/ST/OEC/OBC/GL : **GENERAL**
9. Nationality : **INDIAN**
10. Place of Birth : **KOTHAMANGALAM**
11. Name of Mother : **BABY JOSEPH**
12. Name of Father : **JOSEPH K V**
13. Name of Guardian : **JOSEPH K V**
14. Home Address : **KARAKKATTUPARAMBIL, MATHIRAPPILLY, KOTHAMANGALAM, 686691**

15. Identification Marks

1. **A BLACK MOLE ON THE LEFT PALM**

2. **A BLACK MOLE ON THE LEFT SIDE OF THE FACE**

Govt. V.H.S.S. MATHIRAPPILLY

Name & Signature of the Head of School

KOTHAMANGALAM-686666



Subject	Grade	Grade in words
First Language Paper - I (MALAYALAM)	B+	B PLUS
First Language Paper - II (MALAYALAM)	A+	A PLUS
English	C	C ONLY
Hindi	B	B ONLY
Social Science	C+	C PLUS
Physics	C+	C PLUS
Chemistry	C+	C PLUS
Biology	B+	B PLUS
Mathematics	D+	D PLUS
Information Technology	A+	A PLUS

RANGE OF GRADES

A+	90% and above; Outstanding	B	60% - 69% : Good
A	80% - 89% : Excellent	C+	50% - 59% : Above Average
B+	70% - 79% : Very Good	C	40% - 49% : Average

D+	30% - 39% : Marginal
D	20% - 29% : Need Improvement
E	Below 20% : Need Improvement

Eligibility for higher studies - Minimum D+ grade for each paper

ELIGIBLE FOR HIGHER STUDIES

M.I. SUKUMARAN
 SECRETARY

Date of Publication of Result : **20/04/2015**

Board of Public Examinations, Kerala

Serial No.G0019851



TELANGANA STATE NURSES, MIDWIVES, AUXILIARY NURSE-MIDWIVES AND HEALTH VISITORS COUNCIL

SULTAN BAZAR, HYDERABAD-500 095. INDIA

Constituted under the Andhra Pradesh Nurses and Midwives (Extension & Amendment) Act 1964 and adapted to the State of Telangana, Vide G.O.Ms.No. 80, HM & FW (F1) Dept., Dt. 26-09-2015.

CERTIFICATE OF REGISTRATION

Nurse and Midwife

This is to certify that : ANU JOSEPH
having taken the course training at : Lakshmi School of Nursing, Hyderabad
during the period from : 21/10/2017 to 20/10/2020
has passed the qualifying exam for : Diploma in General Nursing & Midwifery
conducted by : Board of Examination in General Nursing & Midwifery of Government of Telangana
held in the year : March 2021
and is admitted to Part I Section : A
in the Register of : General Nursing & Midwifery
maintained under section 11 (2) (b) read with Rule 31 of the Act.

The Numbers assigned to her/him in the Register of Nurse is 32521 and Midwife is 32521 on 6th November 2021.

Dated : 06-11-2021

B. Odhavathi
REGISTRAR

Prepared by: 



This is Digitally Signed Certificate



N.B. : This certificate should be renewed once in every five years.

Board of Examination for General Nursing and Midwifery



Serial No :81886

DIRECTORATE OF MEDICAL EDUCATION

TELANGANA : HYDERABAD : INDIA

3 Years Diploma Course

Date: 30 August 2021

This is to certify that Anu Joseph

D/o / S/o Joseph K V

a student of Lakshmi School of Nursing, Hyderabad has completed the Diploma in General Nursing & Midwifery Course in Examinations held on March, 2021 bearing Hall Ticket No 2018010112. She / He has been declared Passed.

Training Period From 21-10-2017 To 20-10-2020.



Given under the seal of the Board

Handwritten signature of the Principal

Handwritten signature of the Secretary

Secretary

Dy. Director (Nursing)

O/o. Director of Medical Education
T.S., Hyderabad

Handwritten signature of the Chairman

Chairman

Director of Medical Education
T.S., Hyderabad

Note 1: The Photograph of the Student should be attested by the Principal of the concerned School of Nursing.

2: Distinction :80% and . Above; First Division :70% to 79%; Second Division: 60% to 69%; Passed: 50% to 59%

LAKSHMI SCHOOL OF NURSING

(A Unit of Yashoda Super Specialty Hospitals)

H.No: 4-126/8/1, Sy. No. 459(P), Gowdavally (V), Medchal (M), Medchal-Malkajigiri (D) – 501401

Date: 13-12-2022

COURSE COMPLETION CERTIFICATE

This is to certify that **Ms. ANU JOSEPH D/o. JOSEPH K V** is a bonafide student of GNM from 21-10-2017 To 20-10-2020 has Successfully completed the Course and Passed all 3 years Examinations.

During the course, she was sincere, regular for college, her character and conduct was Exemplary.

Principal

Lakshmi School of Nursing

PRINCIPAL

LAKSHMI SCHOOL OF NURSING

Gowdavally (vi), Medchal (Mandal)

MEDCHAL-MALKAJIGIRI DIST-501 401.T.S.





Lakshmi School of Nursing

(A unit of Lakshmi Educational and Research Society - Regd. No. 3268/2001)

ACADEMIC TRANSCRIPT OF GENERAL NURSING AND MIDWIFERY COURSE (3 YEARS)

Name of Student : ANU JOSEPH
Father Name : JOSEPH K V
Date of Birth : 25-05-1999
Date Admission : 21-10-2017
Date of Completion : 20-10-2020
Registration No : 2018010112
Duration of Course : 03 Years
Medium of Instruction : English

Name & Address of School: LAKSHMI SCHOOL OF NURSING
H.No: 4-126/8/1, Sy. No. 459(P),
Gowdavally (V), Medchal (M), Medchal-Malkajigiri (D)

GNM Course conducted at Lakshmi School of Nursing is recognized by INC vide file No: 18-02/1847-INC, Delhi & Govt. of A.P G.O Ms. No: 399 & TSNM Council TSNMC/GNM/3951/2021 & Affiliated to Directorate of Medical Education



A. S. Srinivas
PRINCIPAL
LAKSHMI SCHOOL OF NURSING
Gowdavally (vi), Medchal (Mandal)
MEDCHAL-MALKAJIGIRI DIST-501 401.T.S.

**FIRST YEAR
THEORETICAL AND CLINICAL EXPERIENCE**

H.T No: 2018010112

Month/ Year of Exam: Oct-2018

S. No	Subjects	Theory	Clinical		Examination		Marks secured		Remarks
		Hrs Required	Lab	Clinicals	Max. Marks		Theory / Practical		
01	Bio Sciences	120			100	62			PASSED
	Anatomy & Physiology	90							
	Microbiology	30							
02	Behavioral Sciences	60			100	67			
	Psychology	40							
	Sociology	20							
03	Nursing Foundations	210	200	680	T 100	P 100	67	64	
	Fundamentals of Nursing	190							
	First Aid	20							
04	Community Health Nursing	180			100	63			
	Community Health Nursing-1	80							
05	Environmental Hygiene	30		320	100				
	HE & communication Skills	40							
	Nutrition	30							
	English	30							
06	Computer Education	15	15						
07	Co Curricular Activities	10							
	Total	625 (16 weeks)	215	1000	500	323			
	Grand Total	1840 Hrs							

**SECOND YEAR
THEORETICAL AND CLINICAL EXPERIENCE**

H.T No: 2018010112

Month/ Year of Exam: Oct 2019

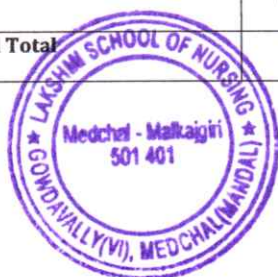
S.No	Subject	Theory	Clinical	Examination Marks				Remarks
		Hrs	Hrs / Weeks	Maximum Marks		Secured Marks		
				T	P	T	P	
01	Medical Surgical Nursing - I (Including Pharmacology)	120	800 / 20	100	100	58	68	PASSED
02	Medical Surgical Nursing - II (Specialties)	120		100	75			
03	Mental Health & Psychiatry Nursing	70	320 / 8	100	100	69	75	
04	Child Health Nursing	70	320 / 8	100	59	74		
05	Co Curricular activities	20						
	Total	400 (10 weeks)	1440 Hrs (36weeks)	600	478			
	Grand Total	1840						

**THIRD YEAR PART- I
THEORETICAL AND CLINICAL EXPERIENCE**

H.T No: 2018010112

Month /Year of Exam: Mar 2021

S.No	Subject	Theory	Clinicals	Clinical	Examination marks		Remarks	
		Theory Hrs	Clinical Hrs	Weeks				
01	Midwifery & Gynecology	140	560	14	58	74	PASSED	
02	CHN II	90	160	04	58	66		
	Co- Curricular	10						
	Total	(06Weeks) 240	720	18 weeks	256			
	Grand Total	960						




PRINCIPAL
LAKSHMI SCHOOL OF NURSING
 Gowdavally (vi), Medchal (Mandal)
 MEDCHAL-MALKAJGIRI DIST-501 401.T.S.

**THIRD YEAR PART- II
INTEGRATED SUPERVISED INTERNSHIP**

H.T No: 2018010112

Month /Year of Exam: Mar 2021

S.No	Subject	Theory	Maximum Marks	Marks Secured
		Hrs		
01.	Nursing Education	20	100	72
02.	Introduction to Research & Statistics	30		
03.	Professional Trends & Adjustments	30	100	70
04.	Nursing Administration & Ward Management	40		
Total		(02 Weeks) 120 Hrs		142

CLINICAL AREAS

S.No	Subject	Clinical Hrs
05.	Medical Surgical Nursing	288 hrs 06 weeks
06.	Community Health Nursing	288 hrs 06 weeks
07.	Child Health Nursing	96 hrs 02 weeks
08.	Midwifery & Gynecology	384 hrs 08 weeks
09.	Mental Health Nursing	96 hrs 02 weeks
Total		1152/24
Grand Total : PART- I & PART- II		1272

SUMMARY OF TOTAL CLINICAL HOURS / WEEKS

S.No	Area	1 st year		2 nd year		3 rd year		3 rd year Part-II Internship	
		Hours	Weeks	Hours	Weeks	Hours	weeks	Hours	weeks
01	Nursing Foundation	880	22						
02	Community Health Nursing	320	08	--	--	160	04	288	06
03	Medical Surgical Nursing	--	--	800	20	--	--	288	06
04	Mental Health Nursing	--	--	320	08	--	--	96	02
05	Child health Nursing	--	--	320	08	--	--	96	02
06	Midwifery Gynaecology Nursing	--	--	--	--	560	14	384	08
Total		1200	30	1440	36	720	18	1152	24



A. S. S. S.
PRINCIPAL
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Gowdavally (vi), Medchal (Mandal)
MEDCHAL-MALKAJGIRI DIST-501 401.T.S.

**TOTAL OF 03 YEARS
THEORETICAL AND CLINICAL EXPERIENCE**

Year	Theory	Lab	Clinical Hrs
	Hours		Hours
1 st Year	625	215	1200
2 nd Year	400	--	1440
3 rd Year Part-I	240	--	720
3 rd Year Part-II	120	--	1152
Total	1385	215	4512

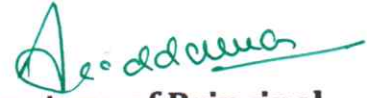
Grand total of Theory & Clinical Hours:

6112

Remarks – Diploma in General Nursing & Midwifery course issued on Dated: 30-08-2021

Result: PASSED

Conduct: GOOD



Signature of Principal

PRINCIPAL
LAKSHMI SCHOOL OF NURSING
Gowdavally (vi), Medchal (Mandal)
MEDCHAL-MALKAJGIRI DIST-501 401.T.S.



BOARD OF EXAMINATION FOR GENERAL NURSING AND MIDWIFERY
DIRECTORATE OF MEDICAL EDUCATION : TELANGANA
HYDERABAD : INDIA

GENERAL NURSING AND MIDWIFERY - CONSOLIDATED MARKS MEMO

Hall Ticket No.: 2018010112

Month/ Year : March 2021

Name : Anu Joseph

D/o / S/o : Joseph K V

Institution : Lakshmi School of Nursing, Hyderabad

Centre : OSMANIA GENERAL HOSPITAL, HYDERABAD

PAPER	SUBJECTS	THEORY					PRACTICAL				
		MAX Marks	EXT. Marks	INT. Marks	Total Marks	Year of Pass	Max Marks	EXT. Marks	INT. Marks	Total Marks	Year of Pass
FIRST YEAR											
I	BIO SCIENCES	100	44	18	62 *	Apr-2019					
II	BEHAVIOURAL SCIENCE	100	47	20	67 *	Oct-2019					
III	FOUNDATION OF NURSING	100	48	19	67	Oct-2018	100	28	36	64	Oct-2018
IV	COMMUNITY HEALTH NURSING	100	45	18	63	Oct-2018					
SECOND YEAR											
I	MEDICAL SURGICAL NURSING I	100	39	19	58	Oct-2019					
II	MEDICAL SURGICAL NURSING II	100	56	19	75	Oct-2019	100	31	37	68	Oct-2019
III	MENTAL HEALTH NURSING	100	50	19	69	Oct-2019	100		75	75	Oct-2019
IV	CHILD HEALTH NURSING	100	39	20	59	Oct-2019	100	37	37	74	Oct-2019
THIRD YEAR											
I	MIDWIFERY AND GYNAECOLOGY NURSING	100	39	19	58	Mar-2021	100	38	36	74	Mar-2021
II	COMMUNITY HEALTH NURSING-II	100	39	19	58	Mar-2021	100	30	36	66	Mar-2021
INTERNSHIP MARKS											
							Max Marks	Marks Secured	Year of Pass		
Paper I Nursing Education and Introduction to Research and statistics							100	72	March 2021		
Paper II Professional Trends & Adjustment, Nursing Administration & Ward Management							100	70	March 2021		
Computer Marks (Internal Marks)							50	35	March 2021		

Grand Total :1199/1800

IN WORDS: ONE THOUSAND ONE HUNDRED AND NINETY NINE

Result :Passed

Place: Hyderabad



(Signature)

Secretary
and

Deputy Director (Nursing)
O/o Directorate of Medical Education
T.S. Hyderabad

Distinction :80% and Above; First Division :70% to 79%; Second Division: 60% to 69%; Passed: 50% to 59%
Note : 1) Only Passed division will be accorded to the candidates appearing for Supplementary Exams.
2) * Indicates Passed in supplementary.
3) Computer I.A marks is not included in total marks/ result

LAKSHMI SCHOOL OF NURSING

(A Unit of Yashoda Super Specialty Hospitals)

H.No: 4-126/8/1, Sy. No. 459(P), Gowdavally (V), Medchal (M), Medchal-Malkajigiri (D) – 501401

Date: 18-07-2023

Admission No: 480

TRANSFER CERTIFICATE FOR GENERAL NURSING & MIDWIFERY COURSE

1. Name of the School : LAKSHMI SCHOOL OF NURSING, HYDERABAD
2. Name of the Pupil : ANU JOSPEH
3. Name of the Parent or Guardian : JOSEPH K V
4. Nationality and Religion : INDIAN / CHRISTIAN
5. Whether the Candidate belongs to S.C/S. T/B.C. /O.C: : OC
6. Date of birth (in words) as entered in the Admission Register : 21-10-2017
7. Mother Tongue : MALAYALAM
8. Medium of Instruction : ENGLISH
9. Date of admission to GNM course : 20-10-2020
10. Admitted under Govt. / Management quota : MANAGEMENT QUOTA
11. Course Duration : THREE YEARS (OCTOBER-2017 – OCTOBER-2020)
12. a) Whether pupil was in receipt of any Scholarship : NO
b) Whether the pupil was in receipt of Any concession : NO
13. Personal marks of Identification : A Black Mole on the Left palm.
A black Mole on the Left Side of the Chin.
14. Date on which the pupil has actually Left the college : 30-03-2021
15. Date of Transfer certificate : 18-07-2023
16. Conduct : Good



A. Addema
Principal

PRINCIPAL
LAKSHMI SCHOOL OF NURSING
Gowdavally (vi), Medchal (Mandal)
MEDCHAL-MALKAJIGIRI DIST-501 401.T.S.

NUR/SEC/EXP/1056/2023

Date: 13/07/2023

TO WHOM SO EVER IT MAY CONCERN

This is to certify that **Ms. Anu Joseph** bearing Emp Id. **N65146**, worked as a **Trainee Nurse** from **17/04/2021** to **06/11/2021** and as a **Registered Staff Nurse** from **07/11/2021** to **12/07/2023** in **Yashoda Hospital, Secunderabad**.

During this period she worked in **Pediatric & Neonatal Intensive Care Unit**. She maintains cordial relations with co-workers and other health care providers. She demonstrates maturity in her job performance. She was Instrumental in serving patients and society towards the fight against COVID-19 during the pandemic.

Yashoda group of hospitals has 4 Units. Yashoda–Malakpet, Somajiguda, Secunderabad and Hitech city. It is a NABH Accredited and Tertiary care Multi Specialty hospital, which has 4000 bedded capacity all together.

During this tenure her character and conduct was good.



Vidya Bhushan Dewangan
Senior Deputy General Manager
Human Resources



Dr. Jyoti Sharma
General Manager
Nursing



Date : 12/07/2023

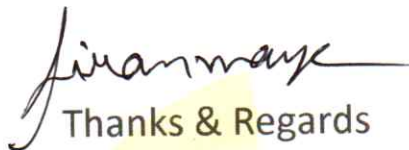
EMPLOYEE REFERENCE LETTER

This is to certify that **Miss Anu Joseph, ID NO:N65146** who worked with us as staff nurse in **Neonatal Intensive care unit.** At yashoda Hospital secunderabad From **17/04/2021 to 12/06/2023.**

She is very talented hardworking and a very good team member.

I am pleased to recommend **Miss Anu Joseph** for the position of staff nurse in any institution. I am confident that she will show excellent performance in her high duties.

Please feel free to contact me for any queries. I wish her good luck for her future .



Thanks & Regards

Dr. I V N KIRANMAYE
MBBS, DCH, DNB (PAEDIATRICS)
Fellow in Neonatology (FIAP)
Consultant Neonatologist & Paediatrician
Regd. No: 57518
YASHODA HOSPITAL, SECUNDERABAD



Date : 12/07/2023

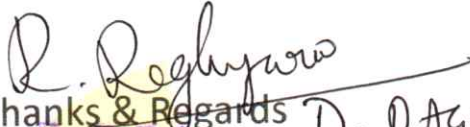
EMPLOYEE REFERENCE LETTER

This is to certify that **Miss Anu Joseph, ID NO:N65146** who worked with us as staff nurse in **Paediatric Intensive care unit**. At yashoda Hospital secunderabad From **17/04/2021 to 12/06/2023**.

She is very talented hardworking and a very good team member.

I am pleased to recommend **Miss Anu Joseph** for the position of staff nurse in any institution. I am confident that she will show excellent performance in her high duties.

Please feel free to contact me for any queries. I wish her good luck for her future .


Thanks & Regards **Dr. RAGHUPATHI R.**
DR. D. RAMESH
MD(PED), Dch
Head of the Department & Senior Consultant
Dept. of Pediatrics & Neonatology
Reg. No: 9126
Yashoda Hospital, Secunderabad
Consultant Pediatric Intensivist,
Reg: 74804.

