

ARCHANA A S

PROFESSIONAL SOCIAL WORKER

PROFESSIONAL PROFILE

Mental health professional with 3+ years of experience in supporting people who are suffering from mental health issues and in the field of prevention and treatment of substance use disorders.

EXPERIENCE

1. MMM IRCA, MOSC Medical College Hospital, Kolenchery, Ernakulam

De Addiction Counsellor

01/07/2019 - 30/06/2022

Job Responsibilities

- Functioning in a team to coordinate activities and receive feedback from other team members
- Counselling to incorporate assessment, motivation, building rapport, counselling families and significant others and planning treatment strategies from admission to follow up
- Conducting re-educative classes, family therapy and group therapy
- Recording and documentation of the patient's treatment process
- Conducting awareness programmes in the community
- Networking with government and non- governmental agencies

2. Mariyasadanam Psycho Social Rehabilitation Centre, Pala , Kottayam

Psychiatric Social Worker

1/11/2018 - 30/6/2019

Job Responsibilities

- To assess patients and develop patients' specific plans of care.
- Provide therapy or counselling services to patients, as well as help family members to deal with patients with mental illness in the family.
- Conducts individual and group therapy sessions
- Arranges for services from referral agencies
- Provides direct crisis intervention services when required
- Maintaining patient records, preparing reports, monitoring progress, and reviews of psychosocial treatment plans.
- Develop care plans and therapeutic techniques by coordinating with interdisciplinary team
- Conducting re educative sessions to patients and recreational activities
- Coordinating programmes

CONTACT



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EDUCATION

2021 -

Pursuing Master of Arts in Psychology

Under Indira Gandhi National Open University

2016 - 2018

Master of Social work – Medical & Psychiatry

Santhigiri College of Computer Science, Vazhithala
Under MG University, Kottayam

2013-2016

Bachelor's in Commerce- Finance & Taxation

Co-operative College, Thodupuzha
Under MG University, Kottayam

SKILLSET

- Crisis Intervention
- Case Management
- Individual Counselling
- Family Counselling
- Group Therapy
- Clinical Documentation
- Treatment Planning
- Programme coordination
- Communication
- Interpersonal

PROFESSIONAL AFFILIATION

- Member at Kerala Association Of Professional Social Workers (KAPS)
- Member at The International Society of Substance Use Prevention and Treatment Professionals (ISSUP)
- Master volunteer of Nasha Mukth Bharath Abhiyan Project under Ernakulam district

INTERNSHIP EXPERIENCE

- ADARRT IRCA, Pala, Kottayam
- Vishranthi Centre, Mandiram Hospital, Kottayam
- Father Muller Medical College, Mangalore, Karnataka
- S H Hospital, Paynkulam, Thodupuzha, Idukki
- Gramapanchayath, Karimkunnam, Idukki

PERSONAL INFORMATION

Nationality : Indian

Marital Status : Married

Age & Date of Birth : 27 (30/06/1996)

Sex : Female

Languages Known : Malayalam, English, Tamil

PERSONAL SKILLS

- Creative spirit
- Reliable and professional
- Organized
- Time management
- Fast learner
- Motivated

REFERENCE

Mr. FRANCIS MOOTHEAN

Project Director & Chief Trainer
MOSC Medical College Hospital,
Kolenchery, Ernakulam, Kerala

Global Master Trainer
The Colombo Plan, UNODC

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Mr. ANISH THANKACHAN

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Former Lecturer
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Santhigiri college of Computer Science
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