

DR. RUDRA RAJESH NAIR

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Education

Bachelor of Medicine and Bachelor of Surgery (MBBS) :
Jawaharlal Nehru Medical College, DMIMS(DU)

Gems Our Own Indian School, Al Quoz, Dubai.

Experience

Observership in Urology (March 2023- April 2023)

St Helen's and Knowsley Teaching hospital, NHS Trust, Prescot, UK

- Observed various urological surgeries such as Pyeloplasty, Stone removal, Tumour excision of bladder cancer growth.

Observership in Plastic Surgery (November 2022- December 2022)

Saudi German Hospital, Dubai,UAE

- Observed various surgeries such as debridement of Dorsalis Pedis with right groin skin graft, Liposuction and Total Abdominoplasty, excision of hemangioma on the scalp, Excision of Sebaceous cyst,excision of breast lump.
- Assisted in Otoplasty, Excision of Melanoma, suturing of upper and lower eyelid following trauma, Excision of Lipoma, Liposuction and breast removal in a patient of gynaecomastia.
- Was involved in Breast Cancer screening Programme by examining patients and assessing symptoms during the breast cancer awareness month.

Internship (April 2021- April 2022)

Acharya Vinobha Bhave Hospital, Nagpur, Maharashtra, India

- Undertook Examinations of patients and monitored vital signs.
- Observed Surgeries in the fields of General Surgery, Obstetrics and Gynaecology, Orthopedics, ENT and Ophthalmology.
- Assisted in surgeries for Hydrocele, Hernia, Hip replacement.
- Assisted in procedures such as Central Line placement, Retrobulbar Anesthesia administration, Nasogastric tube introduction and Suturing and undertook specific procedures such as urinary catheterisations, ECG lead placement, Phlebotomy and administration of Intramuscular and Intravenous drugs.
- Attended ward rounds and examined patients. Informed the consultants and followed up patients with investigations. Documented the results and plan of treatment for every case.
- Worked in Covid wards and performed initial screening of covid patients.
- Learned to work with other staff members which included nursing staff, technicians and specialists.
- Built strong rapport with patients to earn their trust and make them feel comfortable.

Awards/Recognition

- Distinction in the subject of Obstetrics and Gynaecology - 2021.
- Winner of Intracollege ENT quiz "Resonate"- 2019.

Training Courses

- E-learning module of Advanced Trauma Life support-2022
- Basic Life Support course - 2021
- Advanced Care Life Support course -2021
- Attended Basic Suturing skill workshop - 2019

Attendance at conferences and meetings

- Attended Educational event ' Widening Participation Women in Surgery - Breast Surgery and Breast Cancer' -2022
- Attended online conference 'Atlas of Oncoplastic Breast Surgery' by iBreastBook and SENATURK 2022
- Attended ' SIGAF International Conference 2022' by Surgery Interest Group of Africa (SIGAf) - 2022
- National level : Presented a symposium in Armed forces Medical College conference "Illuminati"- 2019
- Presented Posters in Medical exhibition "Kuthuhal" for the subject General Surgery – 2019.

Publications

- Published a review article on 'Prevalence and Infectivity of Asymptomatic COVID-19 Illness' - 2022
- Published a case report on 'Practical Management of Scalp Avulsion in a rural based hospital' - 2018

Management and Leadership experience

- Was a part of the organising committee of Intracollege Surgery Quiz - 2019

References

- ***Dr. Sourya Acharya***

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Jawaharlal Nehru Medical College, DMIMS
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- ***Dr. Azi Samsudin***

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