

Dr. Visal Manoj



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Location	: Cholattu House Valara P.O, 14 th Mile, Adimali Idukki, Kerala; 685561

PROFILE SUMMARY

A medical graduate (Bachelor of Medicine and Bachelor of Surgery) seeking for an opportunity to join a team of medical professionals to contribute to providing quality health care service to patients and to enhance the Hospital's brand.

CAREER OBJECTIVE

Intend to build a career with a leading medical organization where I can utilize my acquired skills effectively and learn new skills in the pursuit of achieving the institute's goal along with self-improvement.

WORK EXPERIENCE:

- **Junior resident- gastroenterology: 10 November 2022 (present)**

Pushpagiri Institute of Medical Sciences and Research Centre, Thiruvalla, Kerala

Responsibilities

1. Assisting the senior doctor in daily rounds.
2. Diagnosing the disease as per the symptoms.
3. Observing and performing the examination of samples for disease diagnose.
4. Learning the diagnostic methods and latest equipment.
5. Periodically meeting the patients and observing their improvements and making reports.
6. In case of emergency giving the basic treatment to the patients.
7. Helping other medical staff in performing their duties.

- **Hands on training in palliative care for doctors: 26 May 2022 – 27 June 2022.**

District Hospital, Thodupuzha.

Responsibilities handled during training:

1. Working with palliative units during community outreach services.
2. Performing wound debridement, dressing and cleaning, catheterizations, lymphoedema care etc. for bedridden patients.
3. Effective communication with patients providing adequate consolation and reassurance

- **Internship (CRRI) : 01 September 2021 – 31 August 2022.**

Al Azhar Medical College and Super Specialty Hospital, Ezhallloor, Thodupuzha.

DUTIES AND RESPONSIBILITIES

1. Recognize and give immediate appropriate management of wide range of medical and surgical conditions.
2. Treatment of acute and chronic conditions.
3. Management of non - communicable diseases.
4. Management of obstetric and paediatric conditions.
5. Casualty case management and triage.
6. Management of cases in PHC and CHC setup.

ACHIEVEMENTS/AWARDS

- Won several prizes for extra-curricular competitions at school and college.

EDUCATIONAL QUALIFICATION:

SL.	COURSE	INSTITUTION	BOARD/UNIVERSITY
1	10 th (2013)	Jawahar Navodaya Vidyalaya Kottarakkara, Kollam, Kerala	CBSE
2	12 th (2015)	Thadicaud higher secondary school ,Kollam, Kerala	HSE
3	MBBS (2016-2022)	Al Azhar Medical College and Super Speciality Hospital, Ezhallloor, Thodupuzha, Kerala	KUHS

SKILL SET

- Assisted major surgical procedures (hernioplasty, appendectomy, staging laparotomy, thyroidectomy, modified radical mastectomy, total knee replacement etc.)
- Basic surgical skills (suturing, I & D, minor surgical procedures)
- Nasogastric tube insertion
- Urological Foley catheterization
- Collecting ABG samples and analysis
- Assisted ascitic and pleural tapping
- Plain radiograph, ECG and lab reports interpretation
- Assisted lumbar puncture, spinal and general anaesthesia
- Collecting peripheral venous samples and securing IV line
- Conducted and assisted normal vaginal deliveries and neonatal resuscitation
- Management of emergency cases

PERSONAL DATA:

Gender : Male
Date of Birth : 26/12/1996

Nationality : Indian
Father's name : Manoj C B
Mother's name : Bindhu Manoj
Marital Status : Unmarried
Religion : Hindu
Contact Number : 7907958409
Languages Known : English, Malayalam.

Email ID : visalmanoj4@gmail.com

DECLARATION:

I do hereby declare that the above information are true and correct to the best of my knowledge and belief.

PLACE:

Dr. Visal Bindhu Manoj