

# AMAL MATHAI



## CONTACT

Edattu (H),  
Kozha P.O,  
Kuravilangad,  
Kottayam Dist.  
PIN : 686633,  
Kerala, India  
Ph : +91 9497418636  
E-mail : amalmathaiedattu@gmail.com

## PERSONAL DETAILS

- Date of Birth : 16 May 2000
- Gender : Male
- Blood Group : B+
- Marital Status : Unmarried
- Father's Name : U.D Mathai
- Mother's Name : Mini P.N

## LANGUAGES

- English
- Malayalam

## SKILLS

- Communication
- Report writing
- Scheduling
- Organizing
- Active listening
- Patience

## EDUCATION

- Pursuing **Master of Social Work** at **Santhigiri College of Computer Sciences, Vazhithala, Idukki**. Affiliated to **Mahatma Gandhi University, Kottayam**. (2021 - 2023)
- **Bachelor of Arts in English Literature, Communication and Journalism (Triple Main)** at **Deva Matha College, Kuravilangad, Kottayam**. Affiliated to **Mahatma Gandhi University, Kottayam**. (2017 - 2020)
- **Higher Secondary Education : Computer Science and Information Technology** at **Govt. VHSS Vayala, Kottayam**. (2015 - 2017)
- **Secondary School Education (SSLC) : St. Mary's HSS Kuravilangad**. (2015)

## CERTIFICATES

- Online Training Programme : Panchayati Raj System and Decentralised Planning by Kerala Institute of Local Administration (KILA).
- Online Training Programme : Laws and Legal Provisions for Women by Kerala Institute of Local Administration (KILA).
- Certificate Course in Multi - Cuisine Cook offered by Kerala Institute of Tourism and Travel Studies.
- The Fundamentals of Digital Marketing by Google Digital Unlocked.

## EXPERIENCES

- Internship at Louise Mount Hospital, Chennalode, Wayanad (30 Days)
- Field Work at Welcare Hospital, Vyttila, Ernakulam (22 Days/198 Hours)
- Internship at Rajagiri outREACH, Kalamassery, Ernakulam (25 Days).
- Field Work at Palakuzha Grama Panchayat, Ernakulam (15 Days/).
- Internship at Mangalam Daily, Kottayam Bureau (30 Days).

## ACADEMIC PROJECT

- Project in Journalism.

## ACTIVITIES

- Conducted **SWASTHA 2022** (Cancer awareness class, Screening Test, Free Mammogram drive and follow up services) at Palakuzha Grama Panchayat (16 January 2022 & 26 February 2022)
- Volunteer at the Training Programme of Indian Oil Corporation Limited, Kochi, Ernakulam

## DECLARATION

I Amal Mathai hereby declare that the above information are true and best of my knowledge and belief.

Date : 12/07/2023

Place : Kuravilangad

Amal Mathai